Neighborhood Food Access Questions for Adults

What is the behavior/issue being measured?
These questions measure perceived access to specific types of healthy foods, particularly fruits and vegetables, in the neighborhood surrounding an individual's home.

Food Access – Access by individuals to appropriate foods for a nutritious diet.

Research has linked adults' perceived access to healthy foods to their consumption of fruits and vegetables and other healthy foods. Moreover, assessment of perceived access to healthy foods is useful for local health promotion programs working towards improving a neighborhood food environment.

The neighborhood food access questions below ask about access to (a) fruits and vegetables and (b) healthy foods in general. They were originally developed and tested with an urban, food insecure population. Study participants answering these questions were accurate in their reporting of actual availability of both fruits and vegetables and health foods in neighborhood stores.

Who is the target audience?
These questions are designed to be used only with adults.

References


## Neighborhood Food Access

Please rate the food stores in your neighborhood. Mark the box that best fits your answer.

<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Undecided</th>
<th>Disagree</th>
<th>Strongly disagree</th>
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</thead>
<tbody>
<tr>
<td>In my neighborhood, it is easy to buy fresh fruits and vegetables.</td>
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<tr>
<td>In my neighborhood, it is easy to buy healthy foods.</td>
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