CHIS 2013-2014 Adult Questionnaire
Mental Health Content

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Section F – Mental Health

K6 Mental Health Assessment

QA13_F1  The next questions are about how you have been feeling during the past 30 days.

About how often during the past 30 days did you feel nervous—Would you say all of the time, most of the time, some of the time, a little of the time, or none of the time?

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QA13_F2  During the past 30 days, about how often did you feel hopeless—all of the time, most of the time, some of the time, a little of the time, or none of the time?

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QA13_F3  During the past 30 days, about how often did you feel restless or fidgety?

[IF NEEDED, SAY: “All of the time, most of the time, some of the time, a little of the time, or none of the time?”]

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QA13_F4  How often did you feel so depressed that nothing could cheer you up?

[IF NEEDED, SAY: “All of the time, most of the time, some of the time, a little of the time, or none of the time?”]

ALL .....................................................1
MOST ..................................................2
SOME ..................................................3
A LITTLE ..............................................4
NONE ..................................................5
REFUSED ............................................7
DON'T KNOW .................................-8

QA13_F5  During the past 30 days, about how often did you feel that everything was an effort?

[IF NEEDED, SAY: “All of the time, most of the time, some of the time, a little of the time, or none of the time?”]

ALL .....................................................1
MOST ..................................................2
SOME ..................................................3
A LITTLE ..............................................4
NONE ..................................................5
REFUSED ............................................7
DON'T KNOW .................................-8

QA13_F6  During the past 30 days, about how often did you feel worthless?

[IF NEEDED, SAY: “All of the time, most of the time, some of the time, a little of the time, or none of the time?”]

ALL .....................................................1
MOST ..................................................2
SOME ..................................................3
A LITTLE ..............................................4
NONE ..................................................5
REFUSED ............................................7
DON'T KNOW .................................-8

Repeated K6

QA13_F7  Was there ever a month in the past 12 months when these feelings occurred more often than they did in the past 30 days?

[IF NEEDED, SAY: “All of the time, most of the time, some of the time, a little of the time, or none of the time?”]

YES .....................................................1
NO .....................................................2
REFUSED ............................................7
DON'T KNOW .................................-8
QA13_F8  The next questions are about the one month in the past 12 months when you were at your worst emotionally.

During that same month, how often did you feel nervous- all of the time, most, some, a little, or none of the time?

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QA13_F9  During that same month, how often did you feel hopeless- all of the time, most, some, a little, or none of the time?

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QA13_F10 How often did you feel restless or fidgety?

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**QA13_F11** How often did you feel so depressed that nothing could cheer you up?

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**QA13_F12** How often did you feel that everything was an effort?

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**QA13_F13** How often did you feel worthless?

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Sheehan Scale

ADD REVERSE CODING OF K6 CALCULATION AS TEMPORARY VARIABLE HERE:
PROGRAMMING NOTE QA13_F14intro:
IF (QA13_F1 + QA13_F2 + QA13_F3 + QA13_F4 + QA13_F5 + QA13_F6 > 8) OR
(QA13_F8 + QA13_F9 + QA13_F10 + QA13_F11 + QA13_F12 + QA13_F13 > 8) OR
(IF QA13_F1-F6 = ONE OUT OF RANGE RESPONSE AND F1-F6 > 7) OR
(IF QA13_F8-F13 = ONE OUT OF RANGE RESPONSE AND F8-F13 > 7) THEN CONTINUE WITH
QA13_F14intro;
IF QA13_F7 = 1 THEN DISPLAY “again, please”;
ELSE SKIP TO QA13_F19

QA13_F14intro  Think (again, please) about the month in the past 12 months when you were at your worst emotionally.

PROGRAMMING NOTE QA13_F14:
IF AGE > 70 GO TO QA13_F15;
ELSE CONTINUE WITH QA13_F14

QA13_F14  Did your emotions interfere a lot, some, or not at all with your performance at work?

AF69B

A LOT .........................................................1
SOME ..................................................................2
NOT AT ALL ..................................................3
DOES NOT WORK ...........................................4
REFUSED .......................................................7
DON'T KNOW ...............................................8

QA13_F15  Did your emotions interfere a lot, some, or not at all with your household chores?

AF70B

A LOT .........................................................1
SOME ..................................................................2
NOT AT ALL ..................................................3
REFUSED .......................................................7
DON'T KNOW ...............................................8

QA13_F16  Did your emotions interfere a lot, some, or not at all with your social life?

AF71B

A LOT .........................................................1
SOME ..................................................................2
NOT AT ALL ..................................................3
REFUSED .......................................................7
DON'T KNOW ...............................................8
Did your emotions interfere a lot, some, or not at all with your relationship with friends and family?

AF72B

A LOT .......................................................... 1
SOME .......................................................... 2
NOT AT ALL .................................................. 3
REFUSED ...................................................... 7
DON'T KNOW ............................................... -8

Now think about the past 12 months. About how many days out of the past 365 days were you totally unable to work or carry out your normal activities because of your feeling nervous, depressed, or emotionally stressed?

AF73B

[IF NEEDED, SAY: “You can use any number between 0 and 365 to answer.”]

_________ NUMBER OF DAYS

REFUSED ...................................................... -7
DON'T KNOW ............................................... -8

Access & Utilization

Was there ever a time during the past 12 months when you felt that you might need to see a professional because of problems with your mental health emotions or nerves or your use of alcohol or drugs?

AF81

YES .............................................................. 1
NO ............................................................... 2 [GO TO QA13_F21]
REFUSED ..................................................... 7 [GO TO QA13_F21]
DON'T KNOW ............................................... -8 [GO TO QA13_F21]

Does your insurance cover treatment for mental health problems, such as visits to a psychologist or psychiatrist?

AJ1

YES .............................................................. 1
NO ............................................................... 2
DON'T HAVE INSURANCE .................................. 3
REFUSED ..................................................... 7
DON'T KNOW ............................................... -8

In the past 12 months have you seen your primary care physician or general practitioner for problems with your mental health, emotions, nerves, or your use of alcohol or drugs?

AF74

YES .............................................................. 1
NO ............................................................... 2
REFUSED ..................................................... 7
DON'T KNOW ............................................... -8
QA13_F22  In the past 12 months have you seen any other professional, such as a counselor, psychiatrist, or social worker for problems with your mental health, emotions, nerves, or your use of alcohol or drugs?

AF75

YES ........................................................................1
NO ............................................................................2
REFUSED ....................................................................-7
DON'T KNOW .................................................................-8

PROGRAMMING NOTE QA13_F23:
IF QA13_F21 = 1 OR QA13_F22 = 1 THEN CONTINUE WITH QA13_F23;
ELSE SKIP TO QA13_F28

QA13_F23  Did you seek help for your mental or emotional health or for an alcohol or drug problem?

AF76

MENTAL-EMOTIONAL HEALTH........................................1
ALCOHOL-DRUG PROBLEM...........................................2
BOTH MENTAL & ALCOHOL-DRUG.................................3
REFUSED .....................................................................-7
DON'T KNOW .................................................................-8

PROGRAMMING NOTE QA13_F24:
IF QA13_F23 = 1, DISPLAY: “mental or emotional health”;
IF QA13_F23 = 2, DISPLAY: “use of alcohol or drugs”;
IF QA13_F23 = 3, DISPLAY: “mental or emotional health and your use of alcohol or drugs”;
ELSE SKIP TO QA13_F25

QA13_F24  In the past 12 months, how many visits did you make to a professional for problems with your {mental or emotional health/use of alcohol or drugs/mental or emotional health and your use of alcohol or drugs}? Do not count overnight hospital stays.

AF77

________ NUMBER OF VISITS

REFUSED .....................................................................-7
DON'T KNOW .................................................................-8

QA13_F25  Are you still receiving treatment for these problems from one or more of these providers?

AF78

YES .............................................................................1  [GO TO QA13_F28]
NO .............................................................................2
REFUSED .....................................................................-7  [GO TO QA13_F28]
DON'T KNOW .................................................................-8 [GO TO QA13_F28]

QA13_F26  Did you complete the recommended full course of treatment?

AF79

YES .............................................................................1  [GO TO QA13_F28]
NO .............................................................................2
REFUSED .....................................................................-7  [GO TO QA13_F28]
DON'T KNOW .................................................................-8 [GO TO QA13_F28]
QA13_F27  What is the MAIN REASON you are no longer receiving treatment?

AF80

GOT BETTER/NO LONGER NEEDED ................1
NOT GETTING BETTER ..................................2
WANTED TO HANDLE PROBLEM ON OWN ........3
HAD BAD EXPERIENCES WITH TREATMENT ......4
LACK OF TIME/TRANSPORTATION .................5
TOO EXPENSIVE ..................................6
INSURANCE DOES NOT COVER ....................7
OTHER (SPECIFY:________) ......................8
REFUSED ........................................7
DON'T KNOW .....................................8

QA13_F28  During the past 12 months, did you take any prescription medications, such as an antidepressant or sedative, almost daily for two weeks or more, for an emotional or personal problem?

AJ5

YES ..................................................1
NO ..................................................2
REFUSED ........................................7
DON'T KNOW .....................................8

Stigma

PROGRAMING NOTE QA13_F29:
IF QA13_F19 = 1 AND (QA13_F21 ≠ 1 AND QA13_F22 ≠ 1) (PERCEIVED NEED, BUT NO TREATMENT)
CONTINUE WITH QA13_F29;
ELSE SKIP TO QA13_G1

QA13_F29  Here are some reasons people have for not seeking help even when they think they might need it. Please tell me "yes" or "no" for whether each statement applies to why you did not see a professional.

You were concerned about the cost of treatment.

AF82

YES ..................................................1
NO ..................................................2
REFUSED ........................................7
DON'T KNOW .....................................8

QA13_F30  You did not feel comfortable talking with a professional about your personal problems.

AF83

YES ..................................................1
NO ..................................................2
REFUSED ........................................7
DON'T KNOW .....................................8
QA13_F31 You were concerned about what would happen if someone found out you had a problem.

AF84

YES .......................................................... 1
NO ............................................................ 2
REFUSED ..................................................... -7
DON'T KNOW .............................................. -8

QA13_F32 You had a hard time getting an appointment.

AF85

YES .......................................................... 1
NO ............................................................ 2
REFUSED ..................................................... -7
DON'T KNOW .............................................. -8
Veteran Status

QA13_G22  Did you ever serve on active duty in the Armed Forces of the United States?

AG22

YES .................................................................1
NO .................................................................2  [GO TO QA13_G25]
REFUSED ..................................................-7  [GO TO QA13_G25]
DON'T KNOW ..........................................-8  [GO TO QA13_G25]

QA13_G23  When did you serve?

AG23

FROM _____ TO _____

OR

[CHECK ALL THAT APPLY]

World War II (Sept 1940 to July 1947) .....................1
Korean War (June 1950 to Jan 1955) ....................2
Vietnam War (Aug 1964 to April 1975) .................3
Gulf War/Operation Desert
Storm (1990 to 1991) .......................................4
Afghanistan/Operation Enduring
Freedom (2001 to present) ...............................5
Iraq War/Operation Iraqi
Freedom (2003 to present) ...............................6
REFUSED ..................................................-7
DON'T KNOW ..........................................-8

QA13_G24  Altogether, how long did you serve?

AG24

_____ YEARS

_____ MONTHS

REFUSED ..................................................-7
DON'T KNOW ..........................................-8
Section S – Suicide Ideation and Attempts

Suicide Ideation and Attempts

QA13_S1 The next section is about thoughts of hurting yourself. Again, if any question upsets you, you don’t have to answer it.

Have you ever seriously thought about committing suicide?

AF86

YES .................................................................1
NO ........................................................................2  [GO TO PN QA13_N1]
REFUSED .............................................................-7  [GO TO PN QA13_N1]
DON’T KNOW .......................................................-8  [GO TO PN QA13_N1]

QA13_S2 Have you seriously thought about committing suicide at any time in the past 12 months?

AF87

YES .................................................................1
NO ........................................................................2  [GO TO QA13_S4]
REFUSED .............................................................-7  [GO TO QA13_S4]
DON’T KNOW .......................................................-8  [GO TO QA13_S4]

QA13_S3 Have you seriously thought about committing suicide at any time in the past 2 months?

AF91

YES .................................................................1
NO ........................................................................2
REFUSED .............................................................-7
DON’T KNOW .......................................................-8

QA13_S4 Have you ever attempted suicide?

AF88

YES .................................................................1
NO ........................................................................2
REFUSED .............................................................-7
DON’T KNOW .......................................................-8
PROGRAMMING NOTE QA13_S5:
IF QA13_S2 = (2, -7, -8) AND QA13_S4 = (2, -7, -8) THEN GO TO SUICIDE RESOURCE;
IF QA13_S3 = (2, -7, -8) AND QA13_S4 = (2, -7, -8) THEN GO TO SUICIDE RESOURCE;
IF QA13_S3 = 1 AND QA13_S4 = (2, -7, -8) THEN GO TO SUICIDE RESOURCE;
ELSE CONTINUE WITH QA13_S5

QA13_S5 Have you attempted suicide at any time in the past 12 months?

AF89

YES.................................................................1
NO.................................................................2
REFUSED........................................................-7
DON'T KNOW....................................................-8

SUICIDE RESOURCE:
We have a number you can call if you’d like to talk to someone about suicidal thoughts or attempts. Someone is available 24 hours a day to provide information to help you. The number is 1-800-273-TALK (8255).

Or, you can visit a website to find out information about getting help. The website address is www.suicidepreventionlifeline.org.

POST-NOTE FOR SUICIDE RESOURCE:
IF QA13_S2 = (2, -7, -8) AND QA13_S4 = (2, -7, -8) THEN SKIP TO PN QA13_N1 (NEXT SECTION); ELSE CONTINUE

QA13_S6 Would you like to discuss your thoughts with this person?

AF90

YES.................................................................1
NO.................................................................2
REFUSED........................................................-7
DON'T KNOW....................................................-8

[GO TO SUICIDE PROTOCOL]
[GO TO PN QA13_N1]
[GO TO PN QA13_N1]
[GO TO PN QA13_N1]