



Butte County

This profile provides data on key health topics for the 167,000 adults (18 and over) in Butte County. Estimates are based on the 2009 California Health Interview Survey (CHIS).



Demographics ¹	County (%)	California (%)
Age 18-64	81.8	85.2
Age 65 and over	18.2	14.8
White	80.7	46.5
Latino	10.5	32.5
Asian	4.9†	12.9
Black	0.7†	5.6
Other ²	3.4	3.0
Adults with income less than 200% FPL	37.6	34.0

Access and Utilization	County		California	
	%	(95% CI)	%	(95% CI)
Uninsured all or part year (age 18-64)	34.0	(25.4 - 42.6)	26.6	(25.3 - 28.0)
Employment-based insurance, all year (age 18-64)	38.9	(32.2 - 45.7)	52.6*	(51.3 - 54.0)
Medi-Cal or Healthy Families, all year (age 18-64)	13.8	(8.8 - 18.8)	8.9	(8.1 - 9.6)
Other coverage, all year (age 18-64) ³	13.3	(8.9 - 17.7)	11.9	(11.1 - 12.7)
No usual source of health care ⁴	20.0	(13.7 - 26.3)	17.8	(16.8 - 18.9)
Delayed getting prescription drugs or medical services in last year	28.8	(22.4 - 35.3)	20.4 *	(19.5 - 21.4)
Health Outcomes				
Serious psychological distress in the last year ⁵	11.7	(6.6 - 16.8)	6.5*	(5.9 - 7.1)
Fair or poor health (age-adjusted) ⁶	16.4	(12.9 - 20.6)	18.5	(17.7 - 19.4)
Current asthma ⁷	11.2	(7.7 - 14.6)	7.7	(7.2 - 8.3)
Ever diagnosed with diabetes ⁸	9.1	(5.9 - 12.4)	8.5	(7.8 - 9.1)
Obese ⁹	23.1	(18.3 - 27.9)	22.7	(21.8 - 23.6)
Ever diagnosed with high blood pressure	30.2	(25.1 - 35.3)	26.2	(25.3 - 27.1)
Health Behaviors				
Engaged in regular physical activity in the last week ¹⁰	23.3	(18.0 - 28.6)	21.8	(20.9 - 22.8)
Ate fruits and vegetables 3 or more times yesterday ¹¹	27.2	(22.1 - 32.2)	25.4	(24.4 - 26.3)
Current smoker ¹²	25.4	(19.3 - 31.5)	13.6*	(12.8 - 14.4)
Binge drinking ¹³	38.6	(32.0 - 45.1)	31.3*	(30.2 - 32.4)
Other Factors				
Low-income food insecurity ¹⁴	17.1	(11.4 - 22.7)	13.7	(12.7 - 14.7)
Limited English proficiency ¹⁵	7.9	(4.5 - 11.4)	26.2*	(25.1 - 27.3)

* Statistically significant difference between county and state at p<0.05

† Estimate should be interpreted with caution because it is either unstable (coefficient of variation >=40%) or it has a wide confidence interval (>20 percentage points).

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Notes

- ¹ With the exception of the Demographics table and state level estimates, the estimates for the Child and Teen County Health Profiles were produced employing Small Area Estimation (SAE). SAE is a statistical modeling method used to produce estimates for small geographic areas or population groups that are not otherwise directly available from the survey sample.
- ² Racial and ethnic categories are based on the Office of Management and Budget (OMB) Standards of classification: <http://www.census.gov/population/www/socdemo/race/Ombdir15.html>, unless otherwise noted.
- ³ Other racial/ethnic group includes Native Hawaiian, Pacific Islander, American Indian, Alaska Natives and two or more races.
- ⁴ Estimates exclude emergency room and urgent care visits as a usual source of care.
- ⁵ Defined as ever diagnosed with asthma, and reporting current asthma or an asthma attack/episode in the last year.
- ⁶ Defined as the proportion of children (age 2-11) whose weight for age is at or above the 85th percentile based on gender specific Centers for Disease Control and Prevention weight guidelines.
- ⁷ Defined as the proportion of teens (age 12-17) whose body mass index (kg/m^2) is at or above the 85th percentile on gender and age specific Centers for Disease Control and Prevention BMI guidelines.
- ⁸ Defined as those who engaged in at least one hour of physical activity daily during the last week, excluding physical education.
- ⁹ Excludes consumption of fruit juice and fried potatoes.
- ¹⁰ Defined as drinking one or more glasses or cans of non-diet soda, sweetened sports drinks or energy drinks yesterday.
- ¹¹ Defined as households with children where smoking is allowed some days or every day among all households.
- ¹² Defined as adults with children who are living under 200% of the federal poverty level and have had difficulty reliably putting food on the table in the last year among all adults.



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The California Health Interview Survey (CHIS) is the nation's largest state health survey and one of the largest health surveys in the United States. Learn more at: www.askchis.com

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