

2011-2012 HEALTH PROFILES

Asian Ethnic Groups

The following profile provides data on key health topics for the 3,873,000 Asian adults (ages 18 and over) in California by Asian ethnic group. Estimates are based on the 2011-2012 California Health Interview Survey (CHIS).¹

	Chinese	Filipino	Japanese	Korean	Vietnamese	South Asian	Other Asian	Asian Overall
Demographics	%	%	%	%	%	%	%	%
Age 18-64	88.7	89.0	71.8	77.8	85.7	97.4	94.5	88.2
Age 65 and over	11.3	11.0	28.2	22.2	14.3	2.6	5.5	11.8
Adults with income less than 200% FPL ²	25.5	19.5	18.6	36.8	58.7	19.7	37.9	28.5
Access and Utilization	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Uninsured all or part year (age 18-64)	17.4 (13.8 - 21.0)	13.8* (9.3 - 18.4)	14.3 (5.9 - 22.7)	46.5* (38.1 - 54.9)	23.3 (16.5 - 30.2)	13.7* (9.3 - 18.0)	27.5 (18.4 - 36.6)	19.6 (17.4 - 21.8)
Employment-based insurance, all year (age 18-64)	60.6 (56.0 - 65.2)	66.3 (59.8 - 72.8)	69.8† (59.6 - 80.0)	39.8* (31.7 - 47.8)	43.6* (36.7 - 50.5)	73.6* (68.3 - 78.9)	47.6* (37.7 - 57.5)	59.8 (57.2 - 62.5)
Medi-Cal, all year (age 18-64)	5.6 (3.3 - 7.9)	8.9 (4.6 - 13.2)	--	3.7*† (0.4 - 7.0)	22.1* (16.9 - 27.3)	4.9* (2.2 - 7.6)	14.4 (5.7 - 23.0)	8.4 (6.8 - 10.0)
Other coverage, all year (age 18-64) ³	16.5* (13.1 - 19.9)	11.0 (7.0 - 15.1)	15.5 (7.7 - 23.4)	10.1 (5.8 - 14.4)	11.0 (7.4 - 14.6)	7.8* (4.9 - 10.8)	10.5 (4.8 - 16.3)	12.2 (10.5 - 13.9)
No usual source of health care ⁴	16.2 (12.8 - 19.6)	14.6 (9.9 - 19.3)	9.2* (3.4 - 15.1)	21.7 (15.5 - 28.0)	22.0 (16.0 - 28.1)	13.5 (8.9 - 18.1)	23.6 (14.6 - 32.6)	16.8 (14.7 - 18.8)
Delayed getting prescription drugs or medical services in past year	14.4 (11.4 - 17.5)	13.0 (9.0 - 17.1)	13.8 (8.8 - 18.9)	14.0 (9.5 - 18.5)	12.4 (7.0 - 17.8)	16.2 (12.1 - 20.4)	13.3 (6.8 - 19.8)	14.0 (12.3 - 15.7)

* Statistically significant difference between Asian overall and individual ethnic group at $p < 0.05$.

† Estimate should be interpreted with caution because it is either unstable (coefficient of variation $\geq 40\%$) or it has a wide confidence interval ($> 20\%$)

-- Estimate unavailable due to small sample size.

Endnotes 1-15 and racial/ethnic definitions can be found in the online appendices: http://healthpolicy.ucla.edu/health-profiles/race_ethnicity/Documents/Appendices.pdf

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	Chinese	Filipino	Japanese	Korean	Vietnamese	South Asian	Other Asian	Asian Overall
Health Outcomes	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Serious psychological distress in the past year ⁵	4.3 (2.5 - 6.2)	5.9 (2.8 - 8.9)	3.7 (0.8 - 6.6)	6.8 (2.7 - 10.9)	3.6 (1.7 - 5.5)	4.9 (2.6 - 7.2)	9.3 (4.4 - 14.1)	5.2 (4.1 - 6.4)
Fair or poor health ⁶	17.3 (14.4 - 20.3)	10.4* (7.1 - 13.7)	7.5* (4.3 - 10.8)	28.3* (22.6 - 34.0)	49.0* (42.9 - 55.2)	5.2* (3.0 - 7.5)	12.7 (7.3 - 18.1)	17.7 (16.1 - 19.3)
Current asthma ⁷	2.8* (1.8 - 3.7)	8.9* (5.4 - 12.4)	5.1 (1.9 - 8.4)	3.5 (1.6 - 5.4)	3.3* (1.8 - 4.7)	5.2 (2.9 - 7.5)	6.4 (2.5 - 10.4)	5.1 (4.1 - 6.2)
Ever diagnosed with diabetes ⁸	4.6* (3.3 - 6.0)	8.7 (5.7 - 11.7)	9.0 (5.2 - 12.8)	10.6 (6.6 - 14.5)	9.4 (6.7 - 12.2)	4.5* (2.5 - 6.6)	6.1 (2.4 - 9.8)	7.0 (6.0 - 8.1)
Obese ⁹	5.7* (3.7 - 7.7)	17.9* (13.0 - 22.7)	13.3 (7.8 - 18.8)	2.2* (0.9 - 3.4)	6.7* (4.3 - 9.1)	7.3 (4.2 - 10.4)	16.1 (8.5 - 23.7)	9.8 (8.2 - 11.4)
Ever diagnosed with high blood pressure	18.2 (15.3 - 21.1)	25.5 (20.5 - 30.5)	35.5* (28.0 - 42.9)	24.7 (19.5 - 29.8)	25.0 (20.4 - 29.7)	8.2 * (5.7 - 10.8)	14.8 (8.5 - 21.1)	20.6 (18.8 - 22.4)
Health Behaviors	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Engaged in regular walking in the past week ¹⁰	34.7 (30.6 - 38.7)	38.1 (31.7 - 44.5)	31.8 (24.1 - 39.6)	37.3 (30.6 - 44.0)	32.7 (27.0 - 38.5)	31.8 (26.5 - 37.1)	40.7 (30.9 - 50.6)	35.4 (33.0 - 37.8)
Ate fruits and vegetables 3 or more times yesterday ¹¹	33.2* (29.1 - 37.3)	27.7 (22.2 - 33.1)	31.0 (23.6 - 38.3)	20.0* (15.1 - 24.9)	19.8* (15.5 - 24.0)	25.4 (20.6 - 30.1)	32.3 (23.4 - 41.2)	27.8 (25.7 - 30.0)
Current smoker ¹²	7.5 (5.0 - 10.0)	12.9 (8.5 - 17.3)	11.0 (5.5 - 16.4)	12.9 (7.4 - 18.5)	14.4 (9.8 - 18.9)	2.8* (1.1 - 4.6)	11.6 (4.1 - 19.1)	9.9 (8.3 - 11.6)
Binge drinking ¹³	15.9* (12.5 - 19.3)	31.1* (24.8 - 37.4)	27.4 (19.3 - 35.5)	22.4 (16.4 - 28.4)	13.9* (9.6 - 18.1)	16.6 (12.0 - 21.2)	27.6 (19.1 - 36.1)	21.5 (19.2 - 23.7)
Other Factors	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Food insecure ¹⁴	6.2 (4.3 - 8.1)	8.3 (4.9 - 11.7)	2.5*† (0.0 - 5.3)	7.9 (3.9 - 11.8)	15.6* (10.0 - 21.1)	4.7* (2.1 - 7.3)	14.9 (6.4 - 23.4)	8.1 (6.7 - 9.6)
Limited English proficiency ¹⁵	55.3* (51.1 - 59.5)	21.9* (17.1 - 26.6)	17.1* (10.2 - 24.0)	69.7* (62.7 - 76.8)	80.1* (75.1 - 85.0)	28.6* (23.2 - 33.9)	48.7 (39.0 - 58.3)	45.1 (42.7 - 47.5)

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