

# 2011-2012 HEALTH PROFILES

## Japanese Ethnic Group

The following profile provides data on key health topics for the 195,000 Japanese adults (ages 18 and over) in California. Estimates are based on the 2011-2012 California Health Interview Survey (CHIS).<sup>1</sup>

	Japanese	Asian Overall	California
<b>Demographics</b>	<b>%</b>	<b>%</b>	<b>%</b>
Age 18-64	<b>71.8</b>	<b>88.2</b>	<b>84.2</b>
Age 65 and over	<b>28.2</b>	<b>11.8</b>	<b>15.8</b>
Adults with income less than 200% FPL <sup>2</sup>	<b>18.6</b>	<b>28.5</b>	<b>35.9</b>
<b>Access and Utilization</b>	<b>% (95% CI)</b>	<b>% (95% CI)</b>	<b>% (95% CI)</b>
Uninsured all or part year (age 18-64)	<b>14.3</b> (5.9 - 22.7)	<b>19.6</b> (17.4 - 21.8)	<b>26.6</b> (25.7 - 27.4)
Employment-based insurance, all year (age 18-64)	<b>69.8†</b> (59.6 - 80.0)	<b>59.8</b> (57.2 - 62.5)	<b>50.6</b> (49.7 - 51.5)
Medi-Cal, all year (age 18-64)	--	<b>8.4</b> (6.8 - 10.0)	<b>11.6</b> (11.0 - 12.2)
Other coverage, all year (age 18-64) <sup>3</sup>	<b>15.5</b> (7.7 - 23.4)	<b>12.2</b> (10.5 - 13.9)	<b>11.3</b> (10.7 - 11.8)
No usual source of health care <sup>4</sup>	<b>9.2*</b> (3.4 - 15.1)	<b>16.8</b> (14.7 - 18.8)	<b>17.6</b> (16.9 - 18.2)
Delayed getting prescription drugs or medical services in past year	<b>13.8</b> (8.8 - 18.9)	<b>14.0</b> (12.3 - 15.7)	<b>21.5</b> (20.9 - 22.2)

\* Statistically significant difference between Asian overall and individual ethnic group at  $p < 0.05$ .

† Estimate should be interpreted with caution because it is either unstable (coefficient of variation  $\geq 40\%$ ) or it has a wide confidence interval ( $> 20\%$ )

-- Estimate is omitted due to small sample size

Endnotes 1-15 and racial/ethnic definitions can be found in the online appendices: [http://healthpolicy.ucla.edu/health-profiles/race\\_ethnicity/Documents/Appendices.pdf](http://healthpolicy.ucla.edu/health-profiles/race_ethnicity/Documents/Appendices.pdf)

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Health Outcomes	% (95% CI)	% (95% CI)	% (95% CI)
Serious psychological distress in the past year <sup>5</sup>	<b>3.7</b> (0.8 - 6.6)	<b>5.2</b> (4.1 - 6.4)	<b>7.9</b> (7.5 - 8.4)
Fair or poor health <sup>6</sup>	<b>7.5*</b> (4.3 - 10.8)	<b>17.7</b> (16.1 - 19.3)	<b>19.4</b> (18.8 - 20.0)
Current asthma <sup>7</sup>	<b>5.1</b> (1.9 - 8.4)	<b>5.1</b> (4.1 - 6.2)	<b>7.7</b> (7.3 - 8.1)
Ever diagnosed with diabetes <sup>8</sup>	<b>9.0</b> (5.2 - 12.8)	<b>7.0</b> (6.0 - 8.1)	<b>8.4</b> (7.9 - 8.8)
Obese <sup>9</sup>	<b>13.3</b> (7.8 - 18.8)	<b>9.8</b> (8.2 - 11.4)	<b>24.8</b> (24.1 - 25.5)
Ever diagnosed with high blood pressure	<b>35.5*</b> (28.0 - 42.9)	<b>20.6</b> (18.8 - 22.4)	<b>27.3</b> (26.6 - 27.9)
Health Behaviors	% (95% CI)	% (95% CI)	% (95% CI)
Engaged in regular walking in the past week <sup>10</sup>	<b>31.8</b> (24.1 - 39.6)	<b>35.4</b> (33.0 - 37.8)	<b>33.3</b> (32.5 - 34.1)
Ate fruits and vegetables 3 or more times yesterday <sup>11</sup>	<b>31.0</b> (23.6 - 38.3)	<b>27.8</b> (25.7 - 30.0)	<b>27.2</b> (26.5 - 27.9)
Current smoker <sup>12</sup>	<b>11.0</b> (5.5 - 16.4)	<b>9.9</b> (8.3 - 11.6)	<b>13.8</b> (13.2 - 14.3)
Binge drinking <sup>13</sup>	<b>27.4</b> (19.3 - 35.5)	<b>21.5</b> (19.2 - 23.7)	<b>31.1</b> (30.3 - 31.8)
Other Factors	% (95% CI)	% (95% CI)	% (95% CI)
Food insecure <sup>14</sup>	<b>2.5*†</b> (0.0 - 5.3)	<b>8.1</b> (6.7 - 9.6)	<b>14.9</b> (14.3 - 15.6)
Limited English proficiency <sup>15</sup>	<b>17.1*</b> (10.2 - 24.0)	<b>45.1</b> (42.7 - 47.5)	<b>26.9</b> (26.2 - 27.7)

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