

2011-2012 HEALTH PROFILES

Vietnamese Ethnic Group

The following profile provides data on key health topics for the 434,000 Vietnamese adults (ages 18 and over) in California. Estimates are based on the 2011-2012 California Health Interview Survey (CHIS).

	Vietnamese	Asian Overall	California
Demographics	%	%	%
Age 18-64	85.7	88.2	84.2
Age 65 and over	14.3	11.8	15.8
Adults with income less than 200% FPL	58.7	28.5	35.9
Access and Utilization	% (95% CI)	% (95% CI)	% (95% CI)
Uninsured all or part year (age 18-64)	23.3 (16.5 - 30.2)	19.6 (17.4 - 21.8)	26.6 (25.7 - 27.4)
Employment-based insurance, all year (age 18-64)	43.6* (36.7 - 50.5)	59.8 (57.2 - 62.5)	50.6 (49.7 - 51.5)
Medi-Cal, all year (age 18-64)	22.1* (16.9 - 27.3)	8.4 (6.8 - 10.0)	11.6 (11.0 - 12.2)
Other coverage, all year (age 18-64)	11.0 (7.4 - 14.6)	12.2 (10.5 - 13.9)	11.3 (10.7 - 11.8)
No usual source of health care	22.0 (16.0 - 28.1)	16.8 (14.7 - 18.8)	17.6 (16.9 - 18.2)
Delayed getting prescription drugs or medical services in past year	12.4 (7.0 - 17.8)	14.0 (12.3 - 15.7)	21.5 (20.9 - 22.2)

* Statistically significant difference between Asian overall and individual ethnic group at $p < 0.05$.

Endnotes 1-15 and racial/ethnic definitions can be found in the online appendices: http://healthpolicy.ucla.edu/health-profiles/race_ethnicity/Documents/Appendices.pdf

View all health profiles at <http://healthpolicy.ucla.edu/health-profiles>

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	Vietnamese	Asian Overall	California
Health Outcomes	% (95% CI)	% (95% CI)	% (95% CI)
Serious psychological distress in the past year	3.6 (1.7 - 5.5)	5.2 (4.1 - 6.4)	7.9 (7.5 - 8.4)
Fair or poor health	49.0* (42.9 - 55.2)	17.7 (16.1 - 19.3)	19.4 (18.8 - 20.0)
Current asthma	3.3* (1.8 - 4.7)	5.1 (4.1 - 6.2)	7.7 (7.3 - 8.1)
Ever diagnosed with diabetes	9.4 (6.7 - 12.2)	7.0 (6.0 - 8.1)	8.4 (7.9 - 8.8)
Obese	6.7* (4.3 - 9.1)	9.8 (8.2 - 11.4)	24.8 (24.1 - 25.5)
Ever diagnosed with high blood pressure	25.0 (20.4 - 29.7)	20.6 (18.8 - 22.4)	27.3 (26.6 - 27.9)
Health Behaviors	% (95% CI)	% (95% CI)	% (95% CI)
Engaged in regular walking in the past week	32.7 (27.0 - 38.5)	35.4 (33.0 - 37.8)	33.3 (32.5 - 34.1)
Ate fruits and vegetables 3 or more times yesterday	19.8* (15.5 - 24.0)	27.8 (25.7 - 30.0)	27.2 (26.5 - 27.9)
Current smoker	14.4 (9.8 - 18.9)	9.9 (8.3 - 11.6)	13.8 (13.2 - 14.3)
Binge drinking	13.9* (9.6 - 18.1)	21.5 (19.2 - 23.7)	31.1 (30.3 - 31.8)
Other Factors	% (95% CI)	% (95% CI)	% (95% CI)
Food insecure	15.6* (10.0 - 21.1)	8.1 (6.7 - 9.6)	14.9 (14.3 - 15.6)
Limited English proficiency	80.1* (75.1 - 85.0)	45.1 (42.7 - 47.5)	26.9 (26.2 - 27.7)

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