

2011-2012 HEALTH PROFILES

Guatemalan Ethnic Group

The following profile provides data on key health topics for the 333,000 Guatemalan adults (ages 18 and over) in California. Estimates are based on the 2011-2012 California Health Interview Survey (CHIS).¹

	Guatemalan	Latino Overall	California
Demographics	%	%	%
Age 18-64	94.5	92.3	84.2
Age 65 and over	5.5	7.7	15.8
Adults with income less than 200% FPL ²	68.1	58.2	35.9
Access and Utilization	% (95% CI)	% (95% CI)	% (95% CI)
Uninsured all or part year (age 18-64)	46.0 (36.7 - 55.4)	38.6 (36.9 - 40.2)	26.6 (25.7 - 27.4)
Employment-based insurance, all year (age 18-64)	23.1* (15.2 - 30.9)	36.3 (34.7 - 37.9)	50.6 (49.7 - 51.5)
Medi-Cal, all year (age 18-64)	22.8 (14.2 - 31.5)	17.4 (16.1 - 18.7)	11.6 (11.0 - 12.2)
Other coverage, all year (age 18-64) ³	8.1 (3.9 - 12.2)	7.7 (6.9 - 8.6)	11.3 (10.7 - 11.8)
No usual source of health care ⁴	32.4 (24.1 - 40.7)	25.5 (24.1 - 26.9)	17.6 (16.9 - 18.2)
Delayed getting prescription drugs or medical services in past year	20.9 (13.1 - 28.8)	20.8 (19.6 - 22.1)	21.5 (20.9 - 22.2)

* Statistically significant difference between Latino overall and individual ethnic group at $p < 0.05$.

Endnotes 1-15 and racial/ethnic definitions can be found in the online appendices: http://healthpolicy.ucla.edu/health-profiles/race_ethnicity/Documents/Appendices.pdf

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	Guatemalan	Latino Overall	California
Health Outcomes	% (95% CI)	% (95% CI)	% (95% CI)
Serious psychological distress in the past year ⁵	6.5 (2.3 - 10.8)	8.8 (7.9 - 9.6)	7.9 (7.5 - 8.4)
Fair or poor health ⁶	35.1 (26.4 - 43.8)	27.5 (26.1 - 28.9)	19.4 (18.8 - 20.0)
Current asthma ⁷	2.8*† (0.4 - 5.2)	5.5 (4.8 - 6.1)	7.7 (7.3 - 8.1)
Ever diagnosed with diabetes ⁸	9.9 (4.6 - 15.1)	9.9 (9.0 - 10.8)	8.4 (7.9 - 8.8)
Obese ⁹	35.1 (26.5 - 43.7)	32.6 (31.1 - 34.0)	24.8 (24.1 - 25.5)
Ever diagnosed with high blood pressure	31.9 (23.3 - 40.5)	23.9 (22.6 - 25.2)	27.3 (26.6 - 27.9)
Health Behaviors	% (95% CI)	% (95% CI)	% (95% CI)
Engaged in regular walking in the past week ¹⁰	36.1 (27.7 - 44.6)	34.8 (33.3 - 36.3)	33.3 (32.5 - 34.1)
Ate fruits and vegetables 3 or more times yesterday ¹¹	14.6* (9.0 - 20.2)	21.4 (20.1 - 22.7)	27.2 (26.5 - 27.9)
Current smoker ¹²	13.7 (7.4 - 19.9)	12.3 (11.2 - 13.3)	13.8 (13.2 - 14.3)
Binge drinking ¹³	27.6 (19.8 - 35.4)	32.5 (31.0 - 34.1)	31.1 (30.3 - 31.8)
Other Factors	% (95% CI)	% (95% CI)	% (95% CI)
Food insecure ¹⁴	32.0 (23.6 - 40.5)	26.8 (25.3 - 28.2)	14.9 (14.3 - 15.6)
Limited English proficiency ¹⁵	79.7* (72.8 - 86.6)	55.8 (54.3 - 57.4)	26.9 (26.2 - 27.7)

* Statistically significant difference between Latino overall and individual ethnic group at $p < 0.05$.

† Estimate should be interpreted with caution because it is either unstable (coefficient of variation $\geq 40\%$) or it has a wide confidence interval ($> 20\%$)

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