

# 2011-2012 HEALTH PROFILES

## Latino Ethnic Groups

The following profile provides data on key health topics for the 9,517,000 Latino adults (ages 18 and over) in California by Latino ethnic group. Estimates are based on the 2011-2012 California Health Interview Survey (CHIS).<sup>1</sup>

	Mexican, born in U.S.	Mexican, born outside U.S.	Salvadoran	Guatemalan	Other Central American	South American	Other Latino	Latino Overall
Demographics	%	%	%	%	%	%	%	%
Age 18-64	92.6	92.8	91.0	94.5	91.7	88.4	90.0	92.3
Age 65 and over	7.5	7.2	9.0	5.5	8.4	11.7	10.1	7.7
Adults with income less than 200% FPL <sup>2</sup>	44.3	72.3	66.3	68.1	57.8	32.5	44.6	58.2
Access and Utilization	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Uninsured all or part year (age 18-64)	30.2* (27.6 - 32.8)	46.1* (43.5 - 48.7)	49.6* (42.5 - 56.7)	46.0 (36.7 - 55.4)	40.5† (30.4 - 50.5)	27.7* (18.0 - 37.4)	27.2* (22.0 - 32.5)	38.6 (36.9 - 40.2)
Employment-based insurance, all year (age 18-64)	44.5* (41.8 - 47.3)	29.4* (27.0 - 31.7)	25.0* (18.8 - 31.1)	23.1* (15.2 - 30.9)	34.7 (25.0 - 44.4)	52.2* (42.5 - 61.8)	46.3* (40.5 - 52.1)	36.3 (34.7 - 37.9)
Medi-Cal, all year (age 18-64)	15.8 (13.8 - 17.9)	18.6 (16.6 - 20.6)	17.4 (12.3 - 22.6)	22.8 (14.2 - 31.5)	14.8 (7.6 - 21.9)	7.5* (3.5 - 11.5)	19.9 (13.9 - 25.8)	17.4 (16.1 - 18.7)
Other coverage, all year (age 18-64) <sup>3</sup>	9.5 (7.9 - 11.1)	6.0* (4.7 - 7.2)	8.0 (4.3 - 11.8)	8.1 (3.9 - 12.2)	10.0 (2.9 - 17.2)	12.6 (7.0 - 18.3)	6.6 (3.8 - 9.4)	7.7 (6.9 - 8.6)
No usual source of health care <sup>4</sup>	21.8* (19.5 - 24.0)	28.3* (26.0 - 30.6)	32.7* (26.2 - 39.1)	32.4 (24.1 - 40.7)	22.1 (13.7 - 30.5)	23.7 (14.7 - 32.6)	20.5 (15.1 - 25.9)	25.5 (24.1 - 26.9)
Delayed getting prescription drugs or medical	22.5 (20.2 - 24.7)	18.2* (16.4 - 19.9)	20.7 (15.4 - 26.1)	20.9 (13.1 - 28.8)	26.1 (17.6 - 34.7)	20.1 (13.2 - 27.1)	26.3* (21.6 - 31.0)	20.8 (19.6 - 22.1)

\* Statistically significant difference between Latino overall and individual ethnic group at  $p < 0.05$ .

† Estimate should be interpreted with caution because it is either unstable (coefficient of variation  $\geq 40\%$ ) or it has a wide confidence interval ( $> 20\%$ )

Endnotes 1-15 and racial/ethnic definitions can be found in the online appendices: [http://healthpolicy.ucla.edu/health-profiles/race\\_ethnicity/Documents/Appendices.pdf](http://healthpolicy.ucla.edu/health-profiles/race_ethnicity/Documents/Appendices.pdf)

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	Mexican, born in U.S.	Mexican, born outside U.S.	Salvadoran	Guatemalan	Other Central American	South American	Other Latino	Latino Overall
Health Outcomes	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Serious psychological distress in the past year <sup>5</sup>	<b>9.1</b> (7.7 - 10.6)	<b>8.1</b> (6.8 - 9.4)	<b>9.6</b> (6.2 - 12.9)	<b>6.5</b> (2.3 - 10.8)	<b>9.2</b> (3.3 - 15.0)	<b>7.2</b> (3.2 - 11.2)	<b>11.9</b> (8.6 - 15.2)	<b>8.8</b> (7.9 - 9.6)
Fair or poor health <sup>6</sup>	<b>18.9*</b> (16.9 - 21.0)	<b>36.0*</b> (33.7 - 38.4)	<b>34.7*</b> (28.4 - 40.9)	<b>35.1</b> (26.4 - 43.8)	<b>23.4</b> (15.9 - 31.0)	<b>10.2*</b> (5.8 - 14.5)	<b>19.1*</b> (14.5 - 23.7)	<b>27.5</b> (26.1 - 28.9)
Current asthma <sup>7</sup>	<b>7.6*</b> (6.4 - 8.9)	<b>3.0*</b> (2.3 - 3.7)	<b>3.2*</b> (1.2 - 5.2)	<b>2.8*†</b> (0.4 - 5.2)	<b>9.6</b> (2.7 - 16.5)	<b>5.0</b> (1.7 - 8.2)	<b>10.8*</b> (7.6 - 14.0)	<b>5.5</b> (4.8 - 6.1)
Ever diagnosed with diabetes <sup>8</sup>	<b>8.2*</b> (6.9 - 9.5)	<b>11.7</b> (10.2 - 13.3)	<b>11.1</b> (7.6 - 14.6)	<b>9.9</b> (4.6 - 15.1)	<b>9.3</b> (5.1 - 13.5)	<b>5.0*</b> (1.6 - 8.4)	<b>9.2</b> (5.4 - 13.0)	<b>9.9</b> (9.0 - 10.8)
Obese <sup>9</sup>	<b>31.1</b> (28.7 - 33.5)	<b>36.5*</b> (34.1 - 38.9)	<b>30.6</b> (24.6 - 36.6)	<b>35.1</b> (26.5 - 43.7)	<b>27.5</b> (19.5 - 35.6)	<b>15.3*</b> (9.3 - 21.3)	<b>26.4*</b> (21.5 - 31.2)	<b>32.6</b> (31.1 - 34.0)
Ever diagnosed with high blood pressure	<b>21.5</b> (19.4 - 23.6)	<b>25.2</b> (23.2 - 27.3)	<b>25.5</b> (20.1 - 31.0)	<b>31.9</b> (23.3 - 40.5)	<b>24.6</b> (17.4 - 31.8)	<b>15.5*</b> (10.0 - 21.1)	<b>26.2</b> (21.4 - 31.0)	<b>23.9</b> (22.6 - 25.2)
Health Behaviors	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Engaged in regular walking in the past week <sup>10</sup>	<b>32.0</b> (29.5 - 34.5)	<b>35.5</b> (33.2 - 37.9)	<b>40.8</b> (34.3 - 47.2)	<b>36.1</b> (27.7 - 44.6)	<b>32.9</b> (23.7 - 42.2)	<b>39.4</b> (30.6 - 48.1)	<b>37.2</b> (32.0 - 42.4)	<b>34.8</b> (33.3 - 36.3)
Ate fruits and vegetables 3 or more times yesterday <sup>11</sup>	<b>21.2</b> (19.0 - 23.3)	<b>21.8</b> (19.8 - 23.7)	<b>19.4</b> (14.2 - 24.7)	<b>14.6*</b> (9.0 - 20.2)	<b>22.1</b> (14.3 - 30.0)	<b>27.1</b> (19.8 - 34.5)	<b>22.6</b> (18.5 - 26.7)	<b>21.4</b> (20.1 - 22.7)
Current smoker <sup>12</sup>	<b>13.8</b> (12.0 - 15.6)	<b>10.5</b> (9.0 - 12.0)	<b>13.5</b> (8.5 - 18.6)	<b>13.7</b> (7.4 - 19.9)	<b>13.8</b> (6.3 - 21.4)	<b>8.9</b> (4.5 - 13.3)	<b>14.2</b> (10.6 - 17.7)	<b>12.3</b> (11.2 - 13.3)
Binge drinking <sup>13</sup>	<b>39.4*</b> (36.8 - 42.0)	<b>28.1*</b> (25.8 - 30.4)	<b>26.4</b> (20.2 - 32.7)	<b>27.6</b> (19.8 - 35.4)	<b>32.7</b> (23.3 - 42.2)	<b>28.4</b> (20.7 - 36.0)	<b>33.6</b> (28.3 - 39.0)	<b>32.5</b> (31.0 - 34.1)
Other Factors	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Food insecure <sup>14</sup>	<b>16.3*</b> (14.2 - 18.3)	<b>35.7*</b> (33.3 - 38.1)	<b>37.0*</b> (30.5 - 43.6)	<b>32.0</b> (23.6 - 40.5)	<b>29.9</b> (21.0 - 38.8)	<b>9.0*</b> (5.0 - 13.1)	<b>21.5</b> (15.9 - 27.1)	<b>26.8</b> (25.3 - 28.2)
Limited English proficiency <sup>15</sup>	<b>19.8*</b> (17.6 - 21.9)	<b>89.3*</b> (87.9 - 90.6)	<b>72.9*</b> (66.9 - 78.9)	<b>79.7*</b> (72.8 - 86.6)	<b>52.1</b> (42.4 - 61.8)	<b>56.2</b> (47.5 - 65.0)	<b>13.8*</b> (10.6 - 17.0)	<b>55.8</b> (54.3 - 57.4)

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