



## Evidence-based Strategies to Limit Consumption of Added Sugar/Free Sugars

Expert roundtable co-sponsored by Kaiser Permanente and the American Heart Association

May 3, 2017

Presenter Name	Title
Brian Raymond	Introductory Remarks
William McCarthy	Consensus Definitions for Sweeteners
Carter Headrick	Introduction to American Heart Association Recommendations
Cristin Kearns	Cautions About Sugar Industry Influence
Vasanti Malik	Added Sugar and Cardiometabolic Health: the Epidemiological Evidence
Jorge Salmeron	Consumption and health effects of added sugar intake in Mexico
Susan Babey	Racial and Ethnic Disparities in Sugar-Sweetened Beverage (SSB) Consumption in California
Kimber Stanhope	Why do we see adverse metabolic effects when we replace bread with fructose-containing sugar
Miriam Vos	Sugars and the Liver
Cara Ebbeling	A Randomized Trial of Sugar-Sweetened Beverages (SSBs) and Adolescent Body Weight
Jamie Chriqui	State and District Policy Approaches to Reducing High School Students' Access to Added Sugars
Jessica Smerling	Dannon's Sugar Reduction Efforts
Lori Dorfman	A few thoughts about framing excess sugar
Marice Ashe	Sugary Beverages Policies: New Developments and Equity Considerations
Sara Bleich	Using meaningful information to promote healthy eating
William J McCarthy for Margarita Santiago-Torres	Lessons from Mexico and Mexican-Americans
William J McCarthy for Lisa Powell	Economic influences on low-income consumers
Carter Headrick	Facilitator of discussion: Prioritization of strategies to limit consumption of added sugar
Richard Bloom	Assemblymember Richard Bloom reports how scientific evidence affects policymaking
Closing comments	Bill McCarthy and Sue Babey

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