

Los Angeles County

Local Listing for Tobacco Cessation and Education Resources

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AcuHope

818-708-1698
5953 Laurel Canyon Blvd
Suite C
Valley Village, CA 91607
<http://www.acuhope.com/>

Type of Service: Quite smoking with Acupuncture
Use Acupuncture treatment to help smokers cease smoking physically, and strengthen their mental power to keep away from cigarettes.
Cost: Free; Gender Served: Any; Ages: Any

American Lung Association - Not on Tobacco

1-800-LUNGUSA (1-800-586-4872)

<http://www.notontobacco.com/>

Type of Service: cessation programs, facilitator trainings
Not On Tobacco is the American Lung Association voluntary program for teens who want to quit smoking.
Cost: Free; Ages: Youth

American Lung Association -Freedom from Smoking, www.lungusa.org

1-800-LUNG-USA (586-4872)

www.ffsonline.org

Type of Service: Worksite cessation programs, facilitator trainings, referrals, self-help materials, phone counseling, internet-based counseling, support groups
Freedom from Smoking Program
Cost: Free

American Lung Association of California

(213) 384-5864

3325 Wilshire Blvd. #900

Los Angeles, CA 90010

<http://www.lungusa.org/california>

Type of Service: Self-help materials, phone counseling, internet-based information, chat with a counselor online
Cost: Free; Languages Served: English & Spanish; Ages: Adults & Youth

Buddhist Tzu Chi Community Clinic

(626) 636-8701

10408 Vacco St

South El Monte, CA 91733

<http://www.tzuchimedicalfoundation.org/>

Type of Service: 8 week smoking cessation program that combines western medicine, acupuncture, motivational interviewing and individual/group counseling.
Clients need to call for appointment.
Cost: Free; Languages Served: English/Chinese; Gender Served: Any; Ages: Any

Glendale Adventist Medical Center

(818) 409-8042

1509 Wilson Terrace

Glendale, CA 91206

<http://www.glendaleadventist.com/body.cfm?id=104>

Type of Service: 7 week quit smoking program, referrals, self-help materials, support group

Cost: \$50 for 7 weeks program

Kaiser Permanente

1-866-402-4320 1216-265-6800

www.kp.org/quitsmoking

Type of Service: Offer free classes and counseling for Kaiser members and non members; medication therapy with copayment; free online tobacco cessation service and free self-help materials
Cost: Free

National Council on Alcoholism and Drug Dependence (NCADD) South Bay Area

310-328-1460

1334 Post Ave

Torrance, CA 90501

<http://www.ncaddsb.com/programtorrance.html>

Type of Service: one-on-one consultation; treatment planning, cessation program
Cost: Free

National Council on Alcoholism and Drug Dependence (NCADD)of the East San Gabriel and Pomona Valleys

1-800-622-2255 (626) 331-5316

4626 N. Grand Ave.

Covina, CA 91724

<http://www.ncaddesgpv.org/servicesoverview.htm>

Type of Service: Step-by-step plan for quitting smoking, self-help materials, cessation program, individual or group counseling
Cost: Call for details

Nicotine Anonymous

1-800-642-0666 310-816-5369

Kaiser Found. Carson CDRP, Room A

23621 S. Main St.

Carson, CA 90745

<http://www.scina.org>

Tuesdays, 6pm.

Nicotine Anonymous

1-800-642-0666 562-435-7350

Flossie Center

351 E. 6th Street

Long Beach, CA 90802

<http://www.scina.org>

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California Smokers' Helpline
1-800-NO-BUTTS

Website: www.nobutts.org

English: 1-800-NO-BUTTS

TDD/TYY: 1-800-933-4TDD

Chew: 1-800-844-CHEW

Korean: 1-800-556-5564

Vietnamese: 1-800-778-8440

Chinese: 1-800-838-8917

Spanish: 1-800-45-NO-FUME

Sundy, 6pm.

Nicotine Anonymous

1-800-642-0666 323-821-1852
Tropical Cafe Coffee Shop
2900 W Sunset Blvd. at Parkman, Backroom
Silverlake, CA 90026
www.scina.org
Fridays, 6:30pm

Nicotine Anonymous

1-800-642-0666
Westwood Hills Congregational Church
1989 Westwood Blvd. (Fireside Room)
West Los Angeles, CA 90025
www.scina.org
Wednesdays, 7:15pm

Nicotine Anonymous

1-800-642-0666 310-780-6380
Unitarian Church Cottage
1260 18th St.
Santa Monica, CA 90404
www.scina.org
Thursdays, 7:30pm
Cost: Free

Nicotine Anonymous

1-800-642-0666 323-257-9917
Glendale Adventist Medical Center
1509 Wilson Terr. Committee Room A, B, C
Glendale, CA 91206
www.scina.org
Monday, 6:15 pm

Nicotine Anonymous

1-800-642-0666 818-882-8640
St. Stephen Presbyterian Church (Room 6)
20121 Devonshire
Chatsworth, CA 91311
www.scina.org
Tuesdays, 7pm

Nicotine Anonymous

1-800-642-0666 310-326-5895
McMillan Medical Center (Room 300)
3333 Skypark Drive
Torrance, CA 90505
www.scina.org
Mondays, 7pm

Nicotine Anonymous

1-800-642-0666 323-862-1518
West Hollywood Recovery - Big Room
626 Robertson
West Hollywood, CA 90069
www.scina.org
Monday, 6:30 pm

Nicotine Anonymous

1-800-642-0666 562-206-6020
Intercity Fellowship
5881 Cherry Ave. Main Mtg Room
Long Beach, CA 90805
www.scina.org
Saturdays, 9 am

Nicotine Anonymous

1-800-642-0666 310-396-3525
Marina Center
12720 Washington Blvd.
Culver City, CA 90066
www.scina.org
Saturdays, 5pm

Nicotine Anonymous

1-800-642-0666 310-676-8040
Christian Church Inglewood Southside
3947 W. 104th St.
Inglewood, CA 90303
www.scina.org
Wednesdays, 6pm

Nicotine Anonymous

1-800-642-0666 818-800-3449
United Methodist Church
14401 Dickens St., Basement- Enter through alley
Sherman Oaks, CA 91423
www.scina.org
Thursdays, 8pm
Cost: Free

Nicotine Anonymous

1-800-642-0666 562-639-7577
Kaiser Imperial Medical Center, Room Q22
9449 Imperial Highway
Downey, CA 90242
www.scina.org
Wednesdays, 7 pm

Nicotine Anonymous

1-800-642-0666 562-644-5225
Calvary Baptist Church (Family Center Room)
14722 Clark Ave.
Bellflower, CA 90706
www.scina.org
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Tuesdays, 7pm

Nicotine Anonymous

1-800-642-0666 310-454-3636

SHARE!

6666 Green Valley Circle

Los Angeles, CA 90066

www.scina.org

Tuesday, 8:00pm - Prosperity Room

Cost: Free

Nicotine Anonymous

1-800-642-0666 323-862-1518

West Hollywood Recovery

626 Robertson

West Hollywood, CA 90069

www.scina.org

Wednesdays, 8:30pm Main room

Cost: Free

Nicotine Anonymous

1-800-642-0666 562-427-8595

All Saints Episcopal Church

346 Termino Ave. Pre-School room

Long Beach, CA 90814

www.scina.org

Mondays, 6 pm

Save Our Selves (SOS)

(323) 666-4295

Verdugo Mental Health Center

1540 East Colorado Street

Glendale, CA 92105-1514

<http://www.cfiwest.org/sos> or www.sossobriety.org

Type of Service: self-help materials, support groups

Friday 7:30pm, Sunday 11:45am

Save Our Selves (SOS)

(323) 666-4295

4773 Hollywood Blvd.

Hollywood, CA 90027

www.cfiwest.org/sos or www.sossobriety.org

Type of Service: self-help materials, support groups

Tuesdays, 8pm

Cost: Free; Languages Served: English

Torrance Memorial Medical Center

310-517-4701 310-517-4711

McMillan Medical Center

3333 Skypark Dr., Ste. 300

www.torrancememorial.org

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Type of Service: A weekly support group for people who are quitting smoking (Every Monday 7-8:30pm, Free)

Breathe Freely, an 8 week series of class which cost \$200 per person

UCLA

310-825-0014

200 UCLA Medical Plaza

Conference Room 206

Los Angeles, CA 90095

<http://www.lung.med.ucla.edu/clinicalprog/scp.htm>

Type of Service: Comprehensive smoking cessation program

Cost: \$100 (UCLA employee); \$150 (Non-UCLA employee)

UCLA Health System

310-319-4700 1-866-449-8252

Family Health Center

1920 Colorado Ave.

Santa Monica, CA 90404

<http://fm.mednet.ucla.edu/CHPDP/chpdp.asp>

Type of Service: Education and guidance on how to successfully quit smoking, appointment with specialized physician and counselor; weekly classes and support group; phone counseling; prescription for NRT's.

Thursdays 9:00 AM (except holidays)

Locations:

http://www.uclahealth.org/body.cfm?id=453&action=detail&limit_department=14&limit_division=0&limit_program=5391&CFID=47528758&CFTOKEN=92214043

**Watts Healthcare Corp.
Preventive Health Services**

(323) 357-6628

10300 S. Compton Blvd.

Los Angeles, CA 90002

Type of Service: Individual counseling, support group, self-help material, phone counseling, referrals, Freedom from Smoking 7 session class

Cost: Free; Languages Served: English & Spanish; Ages: Teens & Adults