

Elder Economic Security Standard™ Index Monthly Food Costs by County, 2011

County	Single	Couple
Alameda	\$278	\$517
Alpine	\$253	\$472
Amador	\$253	\$472
Butte	\$253	\$472
Calaveras	\$253	\$472
Colusa	\$253	\$472
Contra Costa	\$278	\$517
Del Norte	\$253	\$472
El Dorado	\$253	\$472
Fresno	\$275	\$513
Glenn	\$253	\$472
Humboldt	\$253	\$472
Imperial	\$253	\$472
Inyo	\$253	\$472
Kern	\$256	\$476
Kings	\$253	\$472
Lake	\$253	\$472
Lassen	\$253	\$472
City of LA	\$258	\$480
Rest of LA	\$258	\$480
Madera	\$253	\$472
Marin	\$253	\$472
Mariposa	\$253	\$472
Mendocino	\$253	\$472
Merced	\$253	\$472
Modoc	\$253	\$472
Mono	\$253	\$472
Monterey	\$253	\$472
Napa	\$253	\$472
Nevada	\$253	\$472

County	Single	Couple
Orange	\$255	\$475
Placer	\$273	\$508
Plumas	\$253	\$472
Riverside	\$260	\$485
Sacramento	\$273	\$508
San Benito	\$253	\$472
San Bernardino	\$260	\$485
San Diego	\$255	\$476
San Francisco	\$278	\$517
San Joaquin	\$253	\$472
San Luis Obispo	\$253	\$472
San Mateo	\$278	\$517
Santa Barbara	\$253	\$472
Santa Clara	\$291	\$541
Santa Cruz	\$253	\$472
Shasta	\$253	\$472
Sierra	\$253	\$472
Siskiyou	\$253	\$472
Solano	\$253	\$472
Sonoma	\$253	\$472
Stanislaus	\$253	\$472
Sutter	\$253	\$472
Tehama	\$253	\$472
Trinity	\$253	\$472
Tulare	\$253	\$472
Tuolumne	\$253	\$472
Ventura	\$253	\$472
Yolo	\$273	\$508
Yuba	\$253	\$472
California	\$257	\$479

Sources: USDA Low-Cost Food Plan for Individual Male and Individual Female 71+, June 2009-2011 (each year weighted by gender in California).

<http://www.cnpp.usda.gov>

adjusted by ACCRA food component

For the complete report, methodology or individual counties visit:

<http://healthpolicy.ucla.edu/elder-index2011>

For more information about the California Elder Economic Security Initiative™ program visit:

<http://www.insightccd.org/communities/cfess/cal-eesi.html>

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