

# PREDIABETES



A Generation  
in Jeopardy

## *prediabetes and diabetes* BY COUNTY

COUNTY	PREDIABETES	DIABETES	TOTAL
Alameda	47%	5%	52%
Alpine	54%	6%	60%
Amador	54%	6%	60%
Butte	43%	10%	53%
Calaveras	54%	6%	60%
Colusa	46%	12%	58%
Contra Costa	47%	8%	55%
Del Norte	49%	10%	59%
El Dorado	50%	6%	56%
Fresno	49%	8%	57%
Glenn	46%	12%	58%
Humboldt	48%	6%	54%
Imperial	44%	18%	62%
Inyo	54%	6%	60%
Kern	45%	8%	53%
Kings	48%	13%	61%
Lake	46%	17%	63%
Lassen	49%	10%	59%
Los Angeles	44%	10%	54%
Madera	45%	12%	57%
Marin	50%	2%	52%
Mariposa	54%	6%	60%
Mendocino	48%	9%	57%
Merced	46%	10%	56%
Modoc	49%	10%	59%
Mono	54%	6%	60%
Monterey	45%	12%	57%
Napa	48%	6%	54%
Nevada	54%	3%	57%

Note: *Small counties pooled by region - see policy brief.* Estimates of prediabetes are based on predictive models developed using 2009-2012 NHANES data and applied to CHIS 2013-14 data. Prediabetes estimates include adults with undiagnosed diabetes (approximately 3.9% of adults nationally).

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COUNTY	PREDIABETES	DIABETES	TOTAL
Orange	46%	7%	53%
Placer	47%	7%	54%
Plumas	49%	10%	59%
Riverside	48%	7%	55%
Sacramento	46%	9%	55%
San Benito	47%	12%	59%
San Bernardino	45%	12%	57%
San Diego	46%	8%	54%
San Francisco	44%	4%	48%
San Joaquin	48%	9%	57%
San Luis Obispo	46%	5%	51%
San Mateo	47%	7%	54%
Santa Barbara	47%	9%	56%
Santa Clara	46%	9%	55%
Santa Cruz	45%	7%	52%
Shasta	50%	11%	61%
Sierra	49%	10%	59%
Siskiyou	49%	10%	59%
Solano	45%	13%	58%
Sonoma	49%	10%	59%
Stanislaus	45%	14%	59%
Sutter	43%	12%	55%
Tehama	46%	12%	58%
Trinity	49%	10%	59%
Tulare	44%	14%	58%
Tuolumne	54%	6%	60%
Ventura	47%	6%	53%
Yolo	44%	4%	48%
Yuba	48%	15%	63%
<b>CALIFORNIA</b>	<b>46%</b>	<b>9%</b>	<b>55%</b>

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