

## Prediabetes in California: Nearly Half of California Adults on Path to Diabetes

### Supplemental Tables

**COUNTY:** Percent of Adults Estimated to Have Prediabetes by County or County Group and Age, California, 2013-14

County or County Group	Age Group									
	18-39		40-54		55-69		70+		All Adults	
	%	(95% CI)	%	(95% CI)	%	(95% CI)	%	(95% CI)	%	(95% CI)
<b>Northern and Sierra Counties</b>	<b>31%</b>	<b>(29.3 - 33.0)</b>	<b>50%</b>	<b>(47.5 - 52.8)</b>	<b>61%</b>	<b>(59.0 - 63.8)</b>	<b>60%</b>	<b>(56.8 - 63.1)</b>	<b>48%</b>	<b>(46.7 - 49.6)</b>
Butte	28%	(23.6 - 31.9)	52%	(45.6 - 58.3)	62%	(54.4 - 68.8)	53%	(41.8 - 63.9)	43%	(39.2 - 47.5)
Shasta	30%	(24.9 - 35.1)	52%	(45.8 - 58.0)	62%	(55.3 - 68.2)	54%	(41.9 - 66.4)	50%	(45.4 - 53.9)
Humboldt	32%	(27.6 - 36.6)	47%	(38.9 - 54.7)	67%	(62.4 - 72.6)	67%	(60.2 - 73.7)	48%	(43.4 - 51.9)
Del Norte, Siskiyou, Lassen, Trinity, Modoc, Plumas, Sierra	32%	(26.2 - 36.9)	48%	(36.0 - 60.4)	64%	(57.0 - 71.9)	63%	(55.9 - 69.5)	49%	(44.5 - 54.3)
Mendocino	30%	(25.2 - 35.0)	44%	(33.0 - 54.3)	66%	(60.8 - 71.0)	65%	(59.2 - 69.8)	48%	(43.3 - 52.0)
Lake	26%	(19.5 - 31.9)	43%	(32.4 - 52.9)	58%	(47.5 - 69.4)	58%	(51.1 - 64.6)	46%	(40.9 - 51.4)
Tehama, Glenn, Colusa	34%	(28.4 - 39.7)	58%	(51.7 - 64.7)	47%	(34.5 - 59.3)	59%	(49.8 - 68.0)	46%	(41.0 - 50.2)
Sutter	32%	(27.3 - 35.9)	51%	(43.8 - 57.3)	48%	(36.1 - 60.9)	58%	(47.4 - 68.4)	43%	(38.6 - 46.7)
Yuba	33%	(27.1 - 38.7)	55%	(48.9 - 61.4)	58%	(49.0 - 66.3)	57%	(38.6 - 75.5)	48%	(43.0 - 52.3)
Nevada	33%	(24.7 - 40.4)	46%	(40.3 - 51.0)	66%	(61.6 - 69.8)	71%	(68.0 - 74.3)	54%	(49.9 - 57.3)
Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine	36%	(29.4 - 41.8)	53%	(46.6 - 58.6)	64%	(60.6 - 66.6)	60%	(53.0 - 67.9)	54%	(51.0 - 56.8)
<b>Greater Bay Area</b>	<b>32%</b>	<b>(30.4 - 33.7)</b>	<b>48%</b>	<b>(45.5 - 49.8)</b>	<b>62%</b>	<b>(59.8 - 64.2)</b>	<b>62%</b>	<b>(59.3 - 65.3)</b>	<b>47%</b>	<b>(45.2 - 47.8)</b>
Santa Clara	32%	(29.4 - 35.5)	43%	(38.5 - 48.1)	62%	(56.6 - 67.1)	65%	(61.7 - 69.1)	46%	(43.3 - 48.3)
Alameda	34%	(30.3 - 37.7)	51%	(47.1 - 54.1)	58%	(53.3 - 62.9)	64%	(58.9 - 69.8)	47%	(44.5 - 49.6)
Contra Costa	33%	(28.3 - 36.8)	44%	(38.4 - 48.7)	61%	(55.7 - 67.2)	62%	(51.5 - 72.5)	47%	(43.6 - 50.3)
San Francisco	28%	(24.0 - 32.0)	51%	(46.6 - 56.4)	66%	(62.3 - 69.3)	55%	(42.8 - 66.9)	44%	(40.2 - 47.2)
San Mateo	31%	(26.0 - 36.6)	48%	(41.8 - 53.8)	67%	(60.9 - 73.5)	65%	(58.0 - 71.6)	47%	(43.0 - 51.2)
Sonoma	33%	(28.3 - 38.4)	53%	(46.1 - 59.0)	61%	(56.9 - 65.3)	60%	(52.3 - 67.3)	49%	(46.2 - 52.7)
Solano	32%	(27.2 - 37.0)	48%	(39.5 - 57.5)	61%	(53.9 - 67.1)	50%	(36.6 - 63.1)	45%	(40.8 - 49.4)
Marin	31%	(26.0 - 35.2)	48%	(42.2 - 54.0)	61%	(56.1 - 66.2)	67%	(63.6 - 70.8)	50%	(46.9 - 54.0)
Napa	33%	(27.9 - 38.0)	48%	(37.2 - 59.0)	66%	(60.7 - 72.3)	65%	(57.1 - 72.7)	48%	(43.8 - 52.5)
<b>Sacramento Area</b>	<b>31%</b>	<b>(28.4 - 34.1)</b>	<b>50%</b>	<b>(45.6 - 54.6)</b>	<b>63%</b>	<b>(59.5 - 66.5)</b>	<b>60%</b>	<b>(53.4 - 65.8)</b>	<b>47%</b>	<b>(44.5 - 49.0)</b>
Sacramento	31%	(27.2 - 3.05)	51%	(44.3 - 57.5)	63%	(58.7 - 68.1)	58%	(48.9 - 67.6)	46%	(43.3 - 49.6)
Placer	31%	(25.1 - 36.6)	47%	(40.2 - 53.2)	61%	(53.1 - 69.0)	63%	(57.5 - 68.6)	47%	(42.9 - 51.4)
Yolo	32%	(26.0 - 38.9)	51%	(44.4 - 57.1)	59%	(52.9 - 66.0)	57%	(46.9 - 67.8)	44%	(40.3 - 48.4)
El Dorado	32%	(26.8 - 36.7)	49%	(42.3 - 55.6)	67%	(62.1 - 71.3)	62%	(55.3 - 69.0)	50%	(46.9 - 54.1)

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Source: 2013-14 California Health Interview Survey

Note: Estimates of prediabetes are based on predictive models developed using 2009-2012 NHANES data and applied to CHIS 2013-14 data. Prediabetes estimates include adults with undiagnosed diabetes. Nationally, approximately 3.9 percent of adults have undiagnosed diabetes.

Read the full study:

<http://healthpolicy.ucla.edu/publications/search/pages/detail.aspx?PubID=1472>

## Prediabetes in California: Nearly Half of California Adults on Path to Diabetes

### Supplemental Tables

COUNTY: Percent of Adults Estimated to Have Prediabetes by County or County Group and Age, California, 2013-14 (continued)

County or County Group	Age Group									
	18-39		40-54		55-69		70+		All Adults	
	%	(95% CI)	%	(95% CI)	%	(95% CI)	%	(95% CI)	%	(95% CI)
<b>San Joaquin Valley</b>	<b>36%</b>	<b>(34.3 - 38.5)</b>	<b>50%</b>	<b>(46.5 - 52.9)</b>	<b>60%</b>	<b>(55.1 - 65.4)</b>	<b>57%</b>	<b>(52.3 - 61.2)</b>	<b>47%</b>	<b>(44.8 - 48.3)</b>
Fresno	37%	(32.5 - 42.2)	45%	(37.7 - 51.6)	68%	(63.4 - 72.2)	65%	(57.1 - 72.2)	49%	(45.5 - 52.5)
Kern	34%	(29.9 - 38.4)	58%	(52.5 - 63.1)	51%	(32.1 - 69.3)	49%	(37.5 - 60.8)	45%	(40.7 - 49.6)
San Joaquin	39%	(33.6 - 44.2)	46%	(38.8 - 53.5)	67%	(59.4 - 74.1)	58%	(47.9 - 69.1)	48%	(43.9 - 52.0)
Stanislaus	34%	(27.5 - 40.0)	54%	(48.1 - 60.4)	58%	(46.9 - 68.5)	52%	(38.9 - 64.5)	45%	(39.9 - 49.2)
Tulare	38%	(33.7 - 42.2)	41%	(30.2 - 52.1)	56%	(43.3 - 68.2)	56%	(46.4 - 66.2)	44%	(39.8 - 48.7)
Merced	38%	(33.8 - 42.8)	55%	(48.7 - 60.5)	51%	(39.2 - 63.7)	55%	(47.2 - 63.5)	46%	(42.6 - 50.3)
Kings	40%	(33.8 - 45.4)	49%	(40.4 - 57.5)	58%	(49.3 - 65.8)	60%	(40.8 - 79.0)	48%	(43.3 - 52.4)
Madera	32%	(27.4 - 37.2)	55%	(47.9 - 61.5)	63%	(54.5 - 71.6)	49%	(39.9 - 58.7)	45%	(41.1 - 49.1)
<b>Central Coast</b>	<b>33%</b>	<b>(30.3 - 34.7)</b>	<b>51%</b>	<b>(47.3 - 54.3)</b>	<b>61%</b>	<b>(57.3 - 63.8)</b>	<b>58%</b>	<b>(53.2 - 62.0)</b>	<b>46%</b>	<b>(44.4 - 48.1)</b>
Ventura	32%	(28.4 - 36.5)	53%	(47.7 - 58.4)	59%	(53.5 - 64.7)	61%	(52.7 - 69.9)	47%	(44.1 - 50.9)
Santa Barbara	33%	(28.1 - 38.8)	50%	(41.0 - 59.9)	64%	(56.7 - 71.0)	56%	(47.9 - 63.6)	47%	(42.5 - 50.7)
Santa Cruz	30%	(24.9 - 34.6)	45%	(35.8 - 54.3)	66%	(61.6 - 70.5)	61%	(55.4 - 66.6)	45%	(40.5 - 48.9)
San Luis Obispo	29%	(24.1 - 33.5)	52%	(43.2 - 60.3)	63%	(58.6 - 68.2)	57%	(48.3 - 64.8)	46%	(41.4 - 49.9)
Monterey	37%	(32.7 - 40.6)	48%	(40.5 - 55.7)	54%	(42.6 - 64.6)	50%	(37.3 - 63.5)	45%	(40.8 - 48.3)
San Benito	27%	(22.9 - 31.9)	53%	(44.2 - 61.6)	58%	(48.5 - 67.0)	62%	(53.3 - 71.0)	47%	(42.1 - 51.2)
<b>Los Angeles</b>	<b>33%</b>	<b>(31.9 - 34.8)</b>	<b>48%</b>	<b>(45.9 - 50.9)</b>	<b>57%</b>	<b>(54.0 - 59.7)</b>	<b>56%</b>	<b>(52.3 - 59.1)</b>	<b>44%</b>	<b>(43.2 - 45.7)</b>
Los Angeles	33%	(31.9 - 34.8)	48%	(45.9 - 50.9)	57%	(54.0 - 59.7)	56%	(52.3 - 59.1)	44%	(43.2 - 45.7)
<b>Other Southern California</b>	<b>33%</b>	<b>(31.2 - 34.2)</b>	<b>51%</b>	<b>(48.8 - 52.8)</b>	<b>60%</b>	<b>(57.8 - 62.4)</b>	<b>61%</b>	<b>(58.1 - 63.2)</b>	<b>46%</b>	<b>(45 - 47.4)</b>
Orange	31%	(28.6 - 34.2)	49%	(45.9 - 52.7)	62%	(58.4 - 66.5)	61%	(56.0 - 66.3)	46%	(43.9 - 48.2)
San Diego	32%	(29.7 - 33.7)	50%	(47.2 - 52.5)	62%	(58.8 - 65.2)	59%	(54.4 - 63.4)	46%	(44.2 - 47.5)
San Bernardino	35%	(31.2 - 38.1)	51%	(45.2 - 55.9)	52%	(45.1 - 58.6)	64%	(59.8 - 68.9)	45%	(41.9 - 47.4)
Riverside	34%	(30.4 - 36.8)	54%	(50.7 - 58.1)	63%	(58.1 - 67.2)	62%	(57.0 - 66.2)	48%	(46.0 - 50.8)
Imperial	40%	(33.5 - 45.7)	53%	(45.4 - 61.2)	43%	(30.4 - 56.5)	41%	(25.0 - 57.5)	44%	(39.7 - 49.0)
<b>California</b>	<b>33%</b>	<b>(32.1 - 34.0)</b>	<b>49%</b>	<b>(48.0 - 50.7)</b>	<b>60%</b>	<b>(58.6 - 61.4)</b>	<b>59%</b>	<b>(57.6 - 60.6)</b>	<b>46%</b>	<b>(45.2 - 46.7)</b>

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Note: Estimates of prediabetes are based on predictive models developed using 2009-2012 NHANES data and applied to CHIS 2013-14 data. Prediabetes estimates include adults with undiagnosed diabetes. Nationally, approximately 3.9 percent of adults have undiagnosed diabetes.

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