

Prediabetes in California: Nearly Half of California Adults on Path to Diabetes

Supplemental Tables

RACE/ETHNICITY: Percent of Adults Estimated to Have Prediabetes by Race or Ethnicity and Age Group, California, 2013-14

Race and Ethnicity	Age Group									
	18-39		40-54		55-69		70+		All Adults	
	%	(95% CI)	%	(95% CI)	%	(95% CI)	%	(95% CI)	%	(95% CI)
Latino	36%	(34.5 - 37.5)	51%	(47.9 - 53.3)	55%	(51.2 - 59.1)	51%	(44.6 - 57.2)	44%	(42.3 - 45.1)
Pacific Islander	43%	(31.2 - 54.5)	54%	(43.9 - 63.1)	76%	(68.1 - 84.1)	53%	(31.9 - 73.5)	55%	(46.3 - 63.9)
American Indian	38%	(32.8 - 43.6)	52%	(44.6 - 60.4)	65%	(57.9 - 73.0)	70%	(64.1 - 76.9)	51%	(46.3 - 54.8)
Asian	31%	(29.5 - 33.2)	45%	(42.3 - 47.9)	53%	(48.5 - 57.1)	58%	(53.5 - 62.4)	42%	(40.0 - 43.3)
African American	38%	(34.6 - 40.6)	56%	(51.7 - 60.6)	61%	(56.0 - 66.2)	57%	(49.9 - 64.7)	50%	(47.7 - 52.6)
White	29%	(27.7 - 30.2)	49%	(47.1 - 50.2)	63%	(61.8 - 64.4)	61%	(59.4 - 62.7)	48%	(47.0 - 48.8)
Multi-racial	37%	(34.7 - 38.8)	51%	(47.7 - 53.6)	58%	(53.0 - 62.7)	52%	(44.9 - 60.0)	45%	(43.4 - 47.0)
California	33%	(32.1 - 34.0)	49%	(48.0 - 50.7)	60%	(58.6 - 61.4)	59%	(57.6 - 60.6)	46%	(45.2 - 46.7)

Source: 2013-14 California Health Interview Survey

Note: Estimates of prediabetes are based on predictive models developed using 2009-2012 NHANES data and applied to CHIS 2013-14 data. Prediabetes estimates include adults with undiagnosed diabetes. Nationally, approximately 3.9 percent of adults have undiagnosed diabetes.

Read the full study:

<http://healthpolicy.ucla.edu/publications/search/pages/detail.aspx?PubID=1472>