

Prediabetes in California: Nearly Half of California Adults on Path to Diabetes

Supplemental Tables

SAN DIEGO

Percent of Adults Estimated to Have Prediabetes by San Diego County Health and Human Services Agency Region and Age, California, 2013-14

San Diego County Health & Human Services Agency (HHS) Regions	18-39		40-54		55-69		70+		All	
	%	(95% CI)	%	(95% CI)	%	(95% CI)	%	(95% CI)	%	(95% CI)
North Coastal	28%	(24.7 - 32.0)	49%	(43.3 - 53.7)	57%	(48.5 - 65.6)	62%	(56.1 - 68.1)	45%	(41.1 - 47.9)
North Central	30%	(26.6 - 34.3)	50%	(45.6 - 54.7)	62%	(55.2 - 69.6)	61%	(54.5 - 67.8)	44%	(41.2 - 47.6)
Central	33%	(27.8 - 37.9)	52%	(45.2 - 58.4)	67%	(62.0 - 72.2)	52%	(37.9 - 66.7)	46%	(42.3 - 50.3)
South	40%	(33.8 - 45.4)	50%	(42.2 - 58.1)	59%	(47.4 - 70.5)	57%	(43.5 - 69.9)	49%	(44.0 - 53.0)
East	28%	(23.9 - 32.2)	50%	(43.3 - 57.0)	63%	(55.8 - 70.7)	62%	(51.7 - 72.0)	47%	(42.9 - 51.7)
North Inland	31%	(27.6 - 35.4)	49%	(42.0 - 55.3)	62%	(56.6 - 67.9)	55%	(40.8 - 69.5)	45%	(41.1 - 48.5)
San Diego County	32%	(29.7 - 33.7)	50%	(47.2 - 52.5)	62%	(58.8 - 65.2)	59%	(54.4 - 63.4)	46%	(44.2 - 47.5)

Source: 2013-14 California Health Interview Survey

Note: Estimates of prediabetes are based on predictive models developed using 2009-2012 NHANES data and applied to CHIS 2013-14 data. Prediabetes estimates include adults with undiagnosed diabetes. Nationally, approximately 3.9 percent of adults have undiagnosed diabetes.

Read the full study:

<http://healthpolicy.ucla.edu/publications/search/pages/detail.aspx?PubID=1472>