Psychological Distress Among Californians, by Mental Health Services Act Eligibility (MHSA)
Adults, Ages 18 and Older, 2018

Difference between MHSA eligibility groups for each distress category is statistically significant at *p < .05; **p < .01 (not used in this chart); ***p < .001

NOTE: The Kessler 6 (K6) scale measures psychological distress.

Data Source: California Health Interview Survey (CHIS), 2018
Unmet Need for Mental Health Services Past Year, California Adults Ages 18 and Older by Level of Psychological Distress and MHSA Eligibility, 2018

Difference between MHSA eligibility groups for each distress category is statistically significant at *p < .05

Data Source: California Health Interview Survey (CHIS), 2018
## Unmet Need for Mental Health Services Past Year, by Race and Ethnicity

MHSA-Eligible California Adults with Moderate Psychological Distress, Ages 18 and Older

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>Percentage</th>
<th>Unmet Need</th>
</tr>
</thead>
<tbody>
<tr>
<td>Latino (non-Latino)</td>
<td>81.2%*</td>
<td>600,000</td>
</tr>
<tr>
<td>Asian (non-Latino)</td>
<td>77%</td>
<td>100,000</td>
</tr>
<tr>
<td>African American (non-Latino)</td>
<td>68%</td>
<td>70,000</td>
</tr>
<tr>
<td>White (non-Latino)</td>
<td>65%†</td>
<td>200,000</td>
</tr>
</tbody>
</table>

† Reference Group: Difference from reference group is statistically significant at \(*p < .05\)

Data Source: California Health Interview Survey (CHIS), 2018
Unmet Need for Mental Health Services Past Year, by Immigration and Citizenship Status and by English Language Proficiency
MHSA-Eligible California Adults with Moderate Psychological Distress, Ages 18 and Older

Immigration and Citizenship Status

- **Non-Citizen**: 90.7%**, (300,000)
- **Naturalized Citizen**: 83.5%*, (100,000)
- **U.S.-born Citizen**: 67.1%†, (600,000)

English Language Proficiency

- **Doesn't Speak English Well/At All**: 89.0%**, (200,000)
- **Speaks English Well/Very Well**: 73.7%, (300,000)
- **Only Speaks English**: 68.0%†, (400,000)

†Reference Group: Difference from reference group is statistically significant at *p < .05; **p < .01

Data Source: California Health Interview Survey (CHIS), 2018