



# Bubbling Over:

SODA CONSUMPTION AND ITS LINK TO OBESITY IN CALIFORNIA

Percentage of Adults Drinking One or More Sodas per Day and Percentage of Adults Who Are Overweight or Obese, by County

County	% Adults Drinking One or More Sodas per Day	% of Adults Who Are Overweight or Obese
Alameda	17.4	48.3
Butte	20.3	56.7
Contra Costa	21.2	59.5
Del Norte, Siskiyou, Lassen, Trinity, Modoc, Plumas, Sierra	20.8	59.1
El Dorado	21.6	57.1
Fresno	35.0	57.8
Humboldt	16.4	58.4
Imperial	36.4	67.1
Kern	36.6	66.2
Kings	39.1	63.8
Lake	30.1	62.6
Los Angeles	25.5	55.9
Madera	37.4	63.8
Marin	10.6	43.6
Mendocino	18.8	55.9
Merced	32.7	66.6
Monterey	27.1	61.1
Napa	27.3	56.2
Nevada	17.5	51.1
Orange	23.4	49.1
Placer	18.4	55.1
Riverside	29.5	63.2
Sacramento	23.6	58.5
San Benito	25.6	63.9
San Bernardino	29.6	64.7

County	% Adults Drinking One or More Sodas per Day	% of Adults Who Are Overweight or Obese
San Diego	21.1	54.7
San Francisco	10.9	42.6
San Joaquin	26.6	70
San Luis Obispo	18.3	56.6
San Mateo	14.4	46.1
Santa Barbara	19.0	53.9
Santa Clara	21.1	50
Santa Cruz	15.5	48.8
Shasta	27.5	56
Solano	26.1	59.7
Sonoma	20.7	56.5
Stanislaus	34.3	66.6
Sutter	29.2	55.3
Tehama, Glenn, Colusa	30.1	65.7
Tuolumne, Calaveras, Amador, Inyo, Mariposa, Mono, Alpine	17.3	56.3
Tulare	36.1	66.1
Ventura	24.8	58.4
Yolo	13.9	55.9
Yuba	30.9	64
<b>Statewide</b>	<b>24.3</b>	<b>56.1</b>

2005 California Health Interview Survey

September 2009