

**CONTRA COSTA COUNTY
CALIFORNIA, AGE 65 AND OVER, 2001**

| | TOTAL | NON-LATINO WHITE | WOMEN | BELOW 200% POVERTY | LIMITED ENGLISH | MEDI-CAL RECIPIENT |
|--|---------------|------------------|---------------|--------------------|-----------------|--------------------|
| HEALTH BEHAVIORS | | | | | | |
| TAKEN VITAMINS OR DIETARY/HERBAL SUPPLEMENTS PAST MONTH | 69.7% | 69.9% | 73.3% | 58.0% | 66.1% | 66.5% |
| | 64.7% - 74.8% | 64.1% - 75.7% | 66.8% - 79.8% | 47.0% - 68.9% | 46.9% - 85.3% | 52.6% - 80.4% |
| CURRENTLY SMOKING | 4.4% | 5.0% | <u>4.2%</u> | <u>7.1%</u> | * | * |
| | 2.2% - 6.6% | 2.2% - 7.7% | 1.3% - 7.1% | 1.4% - 12.8% | * - * | * - * |
| SEDENTARY LIFESTYLE: USUALLY SIT OR LIE DOWN MOST OF THE DAY | 41.2% | 40.7% | 39.6% | 45.9% | 34.4% | 53.3% |
| | 35.7% - 46.6% | 34.4% - 47.1% | 32.4% - 46.8% | 34.6% - 57.2% | 15.2% - 53.7% | 38.4% - 68.1% |
| OBESE: BODY MASS INDEX 30 OR MORE | 20.3% | 19.6% | 21.5% | 23.3% | 36.6% | 28.5% |
| | 15.8% - 24.7% | 14.5% - 24.7% | 15.4% - 27.5% | 13.8% - 32.9% | 16.7% - 56.6% | 15.0% - 42.0% |

| | TOTAL | NON-LATINO WHITE | WOMEN | BELOW 200% POVERTY | LIMITED ENGLISH | MEDI-CAL RECIPIENT |
|---|---------------|------------------|---------------|--------------------|-----------------|--------------------|
| HEALTH STATUS | | | | | | |
| FAIR OR POOR HEALTH | 27.2% | 26.4% | 28.1% | 46.8% | * | 66.1% |
| | 22.3% - 32.0% | 20.9% - 32.0% | 21.6% - 34.7% | 35.7% - 57.9% | * - * | 52.2% - 80.0% |
| DIABETES - EVER DIAGNOSED | 15.1% | 11.9% | 15.6% | 15.5% | * | 28.9% |
| | 11.2% - 19.0% | 7.8% - 16.0% | 10.3% - 20.8% | 7.4% - 23.5% | * - * | 15.6% - 42.2% |
| HYPERTENSION - EVER DIAGNOSED | 51.6% | 50.5% | 55.0% | 63.8% | 57.1% | 71.2% |
| | 46.2% - 57.1% | 44.1% - 56.9% | 47.6% - 62.3% | 53.0% - 74.6% | 37.0% - 77.2% | 57.8% - 84.6% |
| HEART DISEASE - EVER DIAGNOSED | 26.9% | 26.6% | 24.8% | 31.7% | * | 36.8% |
| | 22.0% - 31.8% | 21.0% - 32.2% | 18.4% - 31.3% | 21.0% - 42.3% | * - * | 21.7% - 52.0% |
| ARTHRITIS - EVER DIAGNOSED | 53.4% | 53.2% | 59.7% | 63.8% | 38.2% | 70.9% |
| | 47.9% - 58.8% | 46.9% - 59.6% | 52.6% - 66.8% | 53.2% - 74.5% | 18.5% - 57.9% | 57.6% - 84.2% |
| THOSE WITH ARTHRITIS WHO ARE MODERATELY OR HIGHLY LIMITED IN DAILY ACTIVITIES | 58.3% | 58.4% | 62.7% | 67.7% | * | <u>61.5%</u> |
| | 48.5% - 68.1% | 47.5% - 69.2% | 50.2% - 75.2% | 50.2% - 85.1% | * - * | 35.2% - 87.7% |
| ASTHMA - EVER DIAGNOSED | 10.9% | 11.8% | 13.1% | 14.1% | * | <u>14.1%</u> |
| | 7.5% - 14.3% | 7.7% - 15.9% | 8.2% - 18.0% | 6.4% - 21.9% | * - * | 3.9% - 24.4% |
| CANCER OF SKIN - EVER DIAGNOSED | 7.6% | 10.2% | <u>5.5%</u> | * | * | * |
| | 4.7% - 10.4% | 6.4% - 14.0% | 2.2% - 8.8% | * - * | * - * | * - * |
| ALL CANCERS OTHER THAN SKIN | 20.9% | 25.6% | 21.8% | 21.7% | * | * |
| | 16.5% - 25.4% | 20.1% - 31.1% | 15.8% - 27.8% | 12.5% - 30.8% | * - * | * - * |
| LIMITED A LOT IN CLIMBING STAIRS | 23.2% | 23.8% | 28.7% | 30.7% | * | 47.6% |
| | 18.6% - 27.9% | 18.3% - 29.2% | 22.0% - 35.4% | 20.0% - 41.4% | * - * | 32.2% - 62.9% |
| IMPAIRED ACTIVITIES DUE TO EMOTIONAL PROBLEMS LIKE DEPRESSION OR ANXIETY | 9.7% | 7.9% | 8.4% | 16.7% | * | <u>17.3%</u> |
| | 6.4% - 12.9% | 4.5% - 11.4% | 4.3% - 12.5% | 8.4% - 25.0% | * - * | 5.2% - 29.3% |
| DID NOT FEEL CALM AND PEACEFUL AT LEAST MOST OF THE TIME IN PAST MONTH | 30.0% | 27.1% | 31.9% | 35.9% | 39.6% | 55.3% |
| | 25.0% - 34.9% | 21.5% - 32.7% | 25.1% - 38.7% | 25.3% - 46.6% | 19.8% - 59.5% | 40.7% - 69.9% |
| DID NOT HAVE A LOT OF ENERGY AT LEAST MOST OF THE TIME IN LAST MONTH | 45.1% | 45.9% | 49.5% | 58.6% | 31.3% | 73.6% |
| | 39.7% - 50.6% | 39.6% - 52.2% | 42.2% - 56.8% | 47.7% - 69.6% | 12.5% - 50.2% | 60.6% - 86.5% |

**CONTRA COSTA COUNTY
CALIFORNIA, AGE 65 AND OVER, 2001 (CONTINUED)**

| | TOTAL | NON-LATINO WHITE | WOMEN | BELOW 200% POVERTY | LIMITED ENGLISH | MEDI-CAL RECIPIENT |
|---|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------------|
| PREVENTIVE SERVICE USE | | | | | | |
| NO PAP SMEAR PAST THREE YEARS (WOMEN) | 31.1% 24.1% - 38.1% | 30.5% 22.1% - 39.0% | 31.1% 24.1% - 38.1% | 26.7% 14.3% - 39.0% | 44.9% 19.4% - 70.5% | 37.0% 20.5% - 53.6% |
| NO MAMMOGRAM PAST YEAR (WOMEN) | 38.6% 31.2% - 46.0% | 34.3% 25.7% - 42.9% | 38.6% 31.2% - 46.0% | 45.7% 32.0% - 59.4% | * * - * | 29.1% 11.9% - 46.3% |
| EVER HAD BONE DENSITY TEST (WOMEN) | 33.2% 26.1% - 40.4% | 40.7% 31.6% - 49.9% | 33.2% 26.1% - 40.4% | 17.1% 6.7% - 27.5% | * * - * | <u>13.6%</u> 1.9% - 25.4% |
| RECEIVE HORMONE REPLACEMENT THERAPY (WOMEN) | 31.1% 24.4% - 37.9% | 36.4% 27.7% - 45.0% | 31.1% 24.4% - 37.9% | 25.7% 14.0% - 37.5% | * * - * | <u>21.6%</u> 7.3% - 35.9% |
| NEVER HAD COLONOSCOPY | 27.8% 22.9% - 32.7% | 22.3% 17.0% - 27.5% | 35.4% 28.5% - 42.4% | 31.2% 20.8% - 41.6% | 51.7% 31.4% - 72.0% | 43.9% 29.2% - 58.5% |
| NEVER TESTED FOR BLOOD IN STOOL | 27.8% 22.8% - 32.7% | 23.4% 18.0% - 28.8% | 30.1% 23.3% - 36.9% | 24.9% 15.2% - 34.5% | 55.5% 35.3% - 75.6% | 32.2% 18.3% - 46.0% |
| NO FLU SHOT PAST YEAR | 33.1% 28.0% - 38.2% | 30.4% 24.5% - 36.2% | 34.3% 27.4% - 41.2% | 31.9% 21.6% - 42.3% | 53.1% 32.8% - 73.3% | 44.3% 29.7% - 58.9% |

| | TOTAL | NON-LATINO WHITE | WOMEN | BELOW 200% POVERTY | LIMITED ENGLISH | MEDI-CAL RECIPIENT |
|---|------------------------|------------------------|----------------------------|------------------------------|------------------------------|------------------------------|
| ACCESS TO MEDICAL CARE | | | | | | |
| FEWER THAN TWO DOCTOR VISITS PAST YEAR | 23.2% 18.5% - 27.9% | 23.2% 17.8% - 28.6% | 27.8% 21.2% - 34.5% | 17.5% 9.0% - 25.9% | <u>26.9%</u> 8.9% - 44.9% | <u>13.5%</u> 3.5% - 23.5% |
| EMERGENCY ROOM VISIT PAST YEAR | 24.3% 19.7% - 29.0% | 20.8% 15.7% - 26.0% | 22.4% 16.3% - 28.4% | 20.3% 11.4% - 29.2% | 37.4% 17.7% - 57.0% | 37.1% 22.9% - 51.3% |
| HOSPITALIZED PAST YEAR | 15.6% 11.7% - 19.6% | 15.2% 10.6% - 19.7% | 17.7% 12.2% - 23.3% | 14.5% 6.7% - 22.3% | * * - * | 26.7% 13.6% - 39.8% |
| DELAYED GETTING CARE, GETTING A TEST, OR FILLING A PRESCRIPTION PAST YEAR | 10.6% 7.2% - 13.9% | 13.2% 8.9% - 17.5% | 7.0% 3.3% - 10.7% | 18.0% 9.4% - 26.5% | * * - * | <u>14.5%</u> 4.1% - 24.8% |
| DID NOT VISIT A DENTIST OR HYGIENIST PAST YEAR | 23.6% 19.0% - 28.3% | 22.3% 17.0% - 27.6% | 23.6% 17.4% - 29.8% | 25.8% 16.0% - 35.6% | * * - * | 35.3% 21.2% - 49.5% |
| HAS MEDICARE AND PRIVATE SUPPLEMENTAL COVERAGE | 72.5% 67.6% - 77.4% | 79.0% 73.9% - 84.2% | 67.5% 60.7% - 74.3% | 58.1% 47.2% - 69.1% | 62.9% 43.2% - 82.5% | * * - * |
| HAS MEDICARE AND MEDI-CAL OR OTHER PUBLIC SUPPLEMENTAL COVERAGE | 14.6% 10.8% - 18.5% | 11.4% 7.4% - 15.5% | 19.5% 13.8% - 25.3% | 33.1% 22.6% - 43.6% | * * - * | * * - * |
| HAS MEDICARE AND NO SUPPLEMENTAL COVERAGE | 5.5% 3.0% - 8.0% | 4.6% 1.9% - 7.2% | <u>4.9%</u> 1.7% - 8.0% | <u>6.1%</u> 0.8% - 11.4% | * * - * | * * - * |
| INSURANCE DOES NOT INCLUDE PRESCRIPTION BENEFITS | 10.7% 7.4% - 14.1% | 11.5% 7.5% - 15.6% | 9.1% 4.9% - 13.2% | <u>10.6%</u> 3.7% - 17.4% | <u>18.8%</u> 3.0% - 34.7% | * * - * |
| INSURANCE DOES NOT INCLUDE VISION BENEFITS | 19.6% 15.2% - 23.9% | 22.2% 16.9% - 27.5% | 15.0% 9.8% - 20.2% | 18.5% 9.6% - 27.3% | * * - * | * * - * |

| | | | | | | |
|---|---------------|---------------|---------------|---------------|---------------|--------|
| INSURANCE DOES NOT INCLUDE | 33.3% | 35.9% | 30.8% | 26.0% | 31.7% | * |
| EYE GLASS BENEFITS | 28.1% - 38.4% | 29.8% - 41.9% | 24.1% - 37.5% | 16.2% - 35.7% | 12.8% - 50.6% | * - * |
| NO DENTAL INSURANCE | 40.7% | 45.8% | 39.0% | 41.8% | 54.2% | * |
| | 35.4% - 46.1% | 39.4% - 52.1% | 31.9% - 46.1% | 30.8% - 52.8% | 34.0% - 74.4% | * - * |
| CONTRA COSTA COUNTY POPULATION AGE 65 AND OVER IN HOUSEHOLDS, 2000 CENSUS | 102,348 | 78,006 | 59,258 | 20,915 | 10,878 | 13,153 |

Source: 2001 California Health Interview Survey (CHIS 2001).

Notes: Underlined italic estimates are not reliable.

*Less than five observations

Some groups are not shown due to small sample sizes.