

| Obesity or Overweight California Residents, Age 18 and Older | | | |
|--|---|----------------------|-------------------------|
| District | County Location of Congressional District | Obesity 95% Range | Overweight 95% Range |
| CALIFORNIA | | (20-21) | (35-36) |
| 01 | Del Norte, Humboldt, Lake, Mendocino, Napa, Sonoma, Yolo | (19-23) | (33-38) |
| 02 | Butte, Colusa, Glenn, Shasta, Siskiyou, Sutter, Tehama, Trinity, Yolo, Yuba | (22-26) | (34-39) |
| 03 | Alpine, Amador, Calaveras, Sacramento, Solano | (17-22) | (33-39) |
| 04 | Butte, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Sierra | (15-19) | (36-41) |
| 05 | Sacramento | (19-26) | (30-37) |
| 06 | Marin, Sonoma | (11-16) | (30-37) |
| 07 | Contra Costa, Solano | (22-29) | (33-40) |
| 08 | San Francisco | (9-13) | (26-33) |
| 09 | Alameda | (17-21) | (31-35) |
| 10 | Alameda, Contra Costa, Sacramento, Solano | (17-22) | (33-38) |
| 11 | Alameda, Contra Costa, San Joaquin, Santa Clara | (20-26) | (30-36) |
| 12 | San Francisco, San Mateo | (12-18) | (31-38) |
| 13 | Alameda | (16-19) | (31-36) |
| 14 | San Mateo, Santa Clara, Santa Cruz | (13-16) | (32-37) |
| 15 | Santa Clara | (14-19) | (31-37) |
| 16 | Santa Clara | (19-25) | (32-38) |
| 17 | Monterey, San Benito, Santa Cruz | (20-27) | (29-36) |
| 18 | Fresno, Madera, Merced, San Joaquin, Stanislaus | (25-31) | (34-40) |
| 19 | Fresno, Madera, Mariposa, Stanislaus, Tuolumne | (21-25) | (36-41) |
| 20 | Fresno, Kern, Kings | (28-35) | (33-40) |
| 21 | Fresno, Tulare | (26-32) | (32-39) |
| 22 | Kern, Los Angeles, San Luis Obispo | (21-27) | (35-42) |
| 23 | San Luis Obispo, Santa Barbara, Ventura | (17-22) | (30-36) |
| 24 | Santa Barbara, Ventura | (15-21) | (27-35) |
| 25 | Inyo, Los Angeles, Mono, San Bernardino | (23-26) | (35-39) |
| 26 | Los Angeles, San Bernardino | (18-21) | (33-36) |
| 27 | Los Angeles | (18-22) | (32-37) |
| 28 | Los Angeles | (19-24) | (32-37) |
| 29 | Los Angeles | (15-18) | (30-34) |
| 30 | Los Angeles | (10-13) | (30-34) |
| 31 | Los Angeles | (18-22) | (32-37) |
| 32 | Los Angeles | (23-27) | (32-37) |
| 33 | Los Angeles | (18-22) | (31-36) |
| 34 | Los Angeles | (23-28) | (34-40) |
| 35 | Los Angeles | (27-31) | (33-38) |
| 36 | Los Angeles | (16-20) | (32-36) |
| 37 | Los Angeles | (24-29) | (32-37) |
| 38 | Los Angeles | (25-30) | (35-39) |
| 39 | Los Angeles | (21-26) | (35-40) |
| 40 | Orange | (14-19) | (33-38) |
| 41 | Riverside, San Bernardino | (23-28) | (34-40) |
| 42 | Los Angeles, Orange, San Bernardino | (16-18) | (33-37) |
| 43 | San Bernardino | (29-36) | (34-41) |
| 44 | Orange, Riverside | (20-25) | (34-40) |
| 45 | Riverside | (21-26) | (36-43) |
| 46 | Los Angeles, Orange | (13-16) | (33-37) |
| 47 | Orange | (18-24) | (33-39) |
| 48 | Orange | (10-13) | (32-37) |
| 49 | Riverside, San Diego | (20-23) | (36-40) |
| 50 | San Diego | (13-16) | (33-38) |
| 51 | Imperial, San Diego | (23-27) | (34-39) |
| 52 | San Diego | (16-20) | (34-39) |
| 53 | San Diego | (15-18) | (31-36) |