

**EXHIBIT 6. MEDICAL CONDITIONS AND HEALTH STATUS
HMO ENROLLEE PROFILE BY 15 GEOGRAPHIC REGIONS, CHIS 2001**

	CALIFORNIA	REGION 1 Riverside-San Bernardino Counties	REGION 2 Orange County	REGION 3 Los Angeles County	REGION 4 Ventura County	REGION 5 Sacramento Yolo-Placer- El Dorado Counties	REGION 6 San Diego- Imperial Counties	REGION 7 San Francisco- Marin- San Mateo Counties
HEART DISEASE								
TOLD HAVE HEART DISEASE								
MEN AGES 18-64	5	5	3	5	5	6	4	4
MEN AGES 65 AND OVER	27	32	31	21	30	34	30	24
WOMEN AGES 18-64	4	4	3	4	3	6	3	3
WOMEN AGES 65 AND OVER	19	15	21	20	28	22	17	15
TAKING MEDICATION TO CONTROL HEART DISEASE (PEOPLE WITH HEART DISEASE AGES 18 AND OVER)								
	62	72	69	64	61	62	67	59
HYPERTENSION								
TOLD HAVE HIGH BLOOD PRESSURE*								
MEN AGES 18-34	8	7	10	6	–	12	9	8
MEN AGES 35-64	26	29	20	26	21	29	24	20
MEN AGES 65 AND OVER	52	52	56	48	43	53	53	50
WOMEN AGES 18-44	10	13	6	11	6	11	10	10
WOMEN AGES 45-64	30	32	24	31	26	30	29	29
WOMEN AGES 65 AND OVER	55	46	55	58	67	45	59	48
CHOLESTEROL								
TOLD HAVE HIGH BLOOD CHOLESTEROL*								
MEN AGES 35-64	38	34	44	44	36	37	39	35
MEN AGES 65 AND OVER	26	24	30	27	16	23	27	24
WOMEN AGES 45-64	35	44	37	38	34	25	36	31
WOMEN AGES 65 AND OVER	34	36	46	39	35	28	30	27
HAVE HAD BLOOD CHOLESTEROL TEST WITHIN LAST FIVE YEARS								
MEN AGES 18-34	83	100	77	93	–	91	82	84
MEN AGES 35-64	95	95	94	96	97	94	95	91
MEN AGES 65 AND OVER	98	98	100	98	100	99	96	97
WOMEN AGES 18-44	90	93	100	92	100	89	74	93
WOMEN AGES 45-64	97	97	97	97	100	99	99	96
WOMEN AGES 65 AND OVER	98	97	97	99	97	94	99	95

* Regular screenings for hypertension and cholesterol should start around age 35 for men and age 45 for women although certain high-risk groups should begin screening earlier. In the instances where younger age groups are not reported, the sample sizes were too small to report for those age categories by geographic region.

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**EXHIBIT 6. MEDICAL CONDITIONS AND HEALTH STATUS
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	REGION 8 Santa Cruz County	REGION 9 Contra Costa- Alameda Counties	REGION 10 Sonoma County	REGION 11 Napa-Solano Counties	REGION 12 Santa Clara County	REGION 13 Northern Rural Counties	REGION 14 Central Rural Counties	REGION 15 Southern Rural Counties
HEART DISEASE								
TOLD HAVE HEART DISEASE								
MEN AGES 18-64	6	4	7	5	4	5	5	7
MEN AGES 65 AND OVER	–	33	18	24	29	28	22	23
WOMEN AGES 18-64	4	4	3	3	3	5	5	5
WOMEN AGES 65 AND OVER	14	21	19	25	21	18	20	16
TAKING MEDICATION TO CONTROL HEART DISEASE (PEOPLE WITH HEART DISEASE AGES 18 AND OVER)	37	54	49	68	58	68	55	52
HYPERTENSION								
TOLD HAVE HIGH BLOOD PRESSURE*								
MEN AGES 18-34	–	10	27	4	7	11	8	6
MEN AGES 35-64	16	26	26	28	21	29	32	30
MEN AGES 65 AND OVER	46	59	36	58	57	49	55	57
WOMEN AGES 18-44	8	7	8	12	8	12	13	10
WOMEN AGES 45-64	31	28	23	33	26	31	36	29
WOMEN AGES 65 AND OVER	63	47	51	55	61	60	56	50
CHOLESTEROL								
TOLD HAVE HIGH BLOOD CHOLESTEROL*								
MEN AGES 35-64	39	33	25	35	40	32	38	37
MEN AGES 65 AND OVER	–	29	–	32	20	16	23	30
WOMEN AGES 45-64	43	28	33	31	26	37	39	42
WOMEN AGES 65 AND OVER	26	23	39	39	31	30	30	40
HAVE HAD BLOOD CHOLESTEROL TEST WITHIN LAST FIVE YEARS								
MEN AGES 18-34	–	68	–	92	100	67	73	89
MEN AGES 35-64	87	96	99	95	97	92	93	94
MEN AGES 65 AND OVER	100	99	100	97	100	100	100	94
WOMEN AGES 18-44	71	95	89	87	89	84	83	91
WOMEN AGES 45-64	93	98	94	98	98	97	94	94
WOMEN AGES 65 AND OVER	93	100	98	100	96	100	99	92

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DIABETES								
TOLD HAVE DIABETES**								
AGES 18-64	5	6	3	5	4	5	4	4
AGES 65 AND OVER	14	21	13	16	8	13	13	10
ASTHMA								
TOLD HAVE ASTHMA								
AGES 0-17	15	15	12	13	14	16	16	13
AGES 18-64	12	15	9	11	11	14	12	11
AGES 65 AND OVER	10	8	9	9	9	13	10	11
EXPERIENCED PHYSICAL LIMITATIONS								
ANY LIMITATION IN PAST 4 WEEKS								
AGES 18-64	19	19	16	18	14	21	16	17
AGES 65 AND OVER	35	36	32	34	31	36	33	30
SELF-REPORTED HEALTH STATUS: EXCELLENT								
AGES 0-17	40	40	39	39	39	43	44	41
AGES 18-64	22	18	24	20	20	22	24	26
AGES 65 AND OVER	12	13	15	10	14	11	13	15
SELF-REPORTED HEALTH STATUS: FAIR/POOR								
AGES 0-17	8	9	7	8	6	8	7	7
AGES 18-64	14	14	13	15	11	11	11	11
AGES 65 AND OVER	28	28	30	31	30	27	22	30

** The diabetes question was asked of adolescents ages 12-17; however, the sample sizes were too small to report by geographic region.

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DIABETES								
TOLD HAVE DIABETES**								
AGES 18-64	3	5	3	5	5	4	6	6
AGES 65 AND OVER	12	10	11	16	11	22	18	13
ASTHMA								
TOLD HAVE ASTHMA								
AGES 0-17	12	15	13	20	19	15	19	16
AGES 18-64	14	14	16	18	12	15	14	14
AGES 65 AND OVER	6	11	7	14	9	15	9	9
EXPERIENCED PHYSICAL LIMITATIONS								
ANY LIMITATION IN PAST 4 WEEKS								
AGES 18-64	19	19	21	21	17	24	22	22
AGES 65 AND OVER	38	31	35	38	28	34	34	40
SELF-REPORTED HEALTH STATUS: EXCELLENT								
AGES 0-17	35	41	45	40	41	38	36	37
AGES 18-64	28	23	24	21	24	21	19	23
AGES 65 AND OVER	11	15	12	9	18	9	11	8
SELF-REPORTED HEALTH STATUS: FAIR/POOR								
AGES 0-17	11	6	4	6	7	7	11	6
AGES 18-64	12	13	9	11	12	14	18	15
AGES 65 AND OVER	28	26	20	28	25	31	32	33

** The diabetes question was asked of adolescents ages 12-17; however, the sample sizes were too small to report by geographic region.