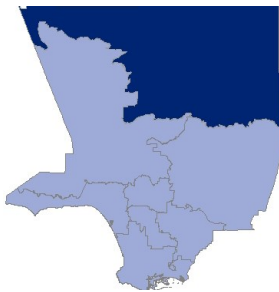




## Los Angeles County Service Planning Area 1: Antelope Valley

Los Angeles County is divided into 8 Service Planning Areas (SPAs). This profile provides data on key health indicators for the 72,000 children and teens (age 17 and under) in SPA 1: Antelope Valley. Estimates are based on the 2011-2012 California Health Interview Survey (CHIS).<sup>1</sup>

### Los Angeles County



### SPA 1: Antelope Valley

Demographics <sup>2</sup>	Antelope Valley (%)	Los Angeles County (%)
Age 0-11	53.0	65.2
Age 12-17	47.0	34.8
White	22.6	17.1
Latino	54.2	62.5
Asian	--	9.5
Black	16.9	7.5
Other Race <sup>3</sup>	5.1	3.4
Adults living with children, with income less than 200% FPL <sup>4</sup>	46.2†	50.0

Access and Utilization	Antelope Valley % (95% CI)	Los Angeles County % (95% CI)
Uninsured all or part year (age 0-17)	8.3 (3.7 - 12.9)	7.9 (6.8 - 9.0)
Employment-based insurance, all year (age 0-17)	46.4 (39.6 - 53.2)	39.8 (38.2 - 41.4)
Medi-Cal or Healthy Families, all year (age 0-17)	39.9 (31.8 - 48.1)	44.5 (42.1 - 47.0)
No usual source of health care (age 0-17) <sup>5</sup>	12.2 (7.5 - 16.9)	9.2 (8.2 - 10.3)
Health Outcomes		
Current asthma (age 0-17) <sup>6</sup>	15.3 (8.0 - 22.7)	11.0 (9.3 - 12.6)
Overweight for age (age 2-11) <sup>7</sup>	9.0 (2.5 - 15.4)	13.9 (11.2 - 16.6)
Overweight or obese (age 12-17) <sup>8</sup>	36.8 (28.0 - 45.6)	37.3 (32.4 - 42.2)
Health Behaviors		
Engaged in regular physical activity in the last week (age 5-17) <sup>9</sup>	19.8 (13.6 - 25.9)	20.4 (18.7 - 22.1)
Had fast food at least twice in last week (age 2-17)	39.7 (30.6 - 48.8)	41.0 (39.2 - 42.9)
Had 5 or more servings of fruits and vegetables yesterday (age 2-17) <sup>10</sup>	26.2 (20.1 - 32.3)	24.0 (21.8 - 26.1)
Had 1 or more servings of soda or sugary drinks yesterday (age 2-11) <sup>11</sup>	22.1 (14.7 - 29.6)	26.6 (21.7 - 31.5)
Had 1 or more servings of soda or sugary drinks yesterday (age 12-17) <sup>11</sup>	71.6 (63.1 - 80.0)	68.0 (63.0 - 73.0)
Had flu vaccination in the past year (6 months - 11 years)	44.3 (34.7 - 53.9)	46.7 (42.3 - 51.2)
Visited a dentist in the past year (age 2-17)	88.8 (84.0 - 93.7)	88.7 (86.9 - 90.5)
Households with children (age 0-17) where smoking is permitted <sup>12</sup>	1.6 (0.6 - 2.7)	1.5 (1.1 - 1.9)
Other Factors		
Food insecure (adults living with children) <sup>13</sup>	7.1 (3.9 - 10.3)	9.7 (7.2 - 12.1)
Family member reads to child everyday (age 0-5)	61.9† (49.3 - 74.4)	55.4 (53.1 - 57.6)

† Estimate should be interpreted with caution because it is either unstable (coefficient of variation  $\geq 40\%$ ) or it has a wide confidence interval ( $>20$  percentage points).

-- Direct estimates are omitted due to small sample size and small area estimates are omitted because the target population size is less than 10,000 persons.



## Notes

- <sup>1</sup> With the exception of age, race/ethnicity, FPL, and state level estimates, the estimates for the Child and Teen County Health Profiles were produced employing Small Area Estimation (SAE). SAE is a statistical modeling method used to produce estimates for small geographic areas or population groups that are not otherwise directly available from the survey sample.
- <sup>2</sup> Racial and ethnic categories are based on the Office of Management and Budget (OMB) definitions used in the 2010 Census. For more information, see *2010 Census Briefs*, issued March 2011. Retrieved August 26, 2013: <http://www.census.gov/prod/cen2010/briefs/c2010br-02.pdf>.
- <sup>3</sup> Other Race includes Native Hawaiian, Pacific Islander, American Indian, Alaska Natives, any other race and two or more races.
- <sup>4</sup> FPL is the Federal Poverty Level.
- <sup>5</sup> Usual source of care excludes emergency department and urgent care visits.
- <sup>6</sup> Defined as ever diagnosed with asthma, and reporting current asthma or asthma symptoms in the past year.
- <sup>7</sup> Defined as the proportion of children (age 2-11) whose weight for age is at or above the 85th percentile based on gender specific Centers for Disease Control and Prevention weight guidelines.
- <sup>8</sup> Defined as the proportion of teens (age 12-17) whose body mass index ( $\text{kg}/\text{m}^2$ ) is at or above the 85th percentile on gender and age specific Centers for Disease Control and Prevention BMI guidelines.
- <sup>9</sup> Defined as those who engaged in at least one hour of physical activity daily during the last week, excluding physical education.
- <sup>10</sup> Excludes consumption of fruit juice and fried potatoes.
- <sup>11</sup> Defined as drinking one or more glasses or cans of non-diet soda, sweetened sports drinks or energy drinks yesterday.
- <sup>12</sup> Defined as households with children where smoking is allowed some days or every day among all households.
- <sup>13</sup> Defined as adults with children who had difficulty reliably putting food on the table in the past year. The question assumes that adults with children who are above 200% of the federal poverty level are food secure.



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