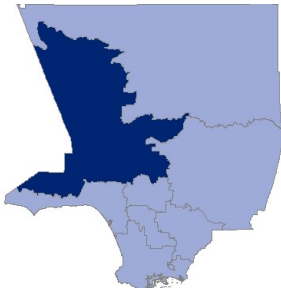




## Los Angeles County Service Planning Area 2: San Fernando Valley

Los Angeles County is divided into 8 Service Planning Areas (SPAs). This profile provides data on key health indicators for the 532,000 children and teens (age 17 and under) in SPA 2: San Fernando Valley. Estimates are based on the 2011-2012 California Health Interview Survey (CHIS).<sup>1</sup>

### Los Angeles County



### SPA 2: San Fernando Valley

Demographics <sup>2</sup>	San Fernando Valley (%)	Los Angeles County (%)
Age 0-11	62.4	65.2
Age 12-17	37.7	34.8
White	24.7	17.1
Latino	56.3	62.5
Asian	13.3	9.5
Black	3.0	7.5
Other Race <sup>3</sup>	2.7	3.4
Adults living with children, with income less than 200% FPL <sup>4</sup>	44.7	50.0

Access and Utilization	San Fernando Valley % (95% CI)	Los Angeles County % (95% CI)
Uninsured all or part year (age 0-17)	6.4 (4.4 - 8.4)	7.9 (6.8 - 9.0)
Employment-based insurance, all year (age 0-17)	45.3 (41.5 - 49.0)	39.8* (38.2 - 41.4)
Medi-Cal or Healthy Families, all year (age 0-17)	39.3 (33.8 - 44.8)	44.5 (42.1 - 47.0)
No usual source of health care (age 0-17) <sup>5</sup>	9.7 (7.4 - 12.1)	9.2 (8.2 - 10.3)
Health Outcomes		
Current asthma (age 0-17) <sup>6</sup>	13.4 (8.7 - 18.2)	11.0 (9.3 - 12.6)
Overweight for age (age 2-11) <sup>7</sup>	9.5 (6.0 - 12.9)	13.9* (11.2 - 16.6)
Overweight or obese (age 12-17) <sup>8</sup>	32.7 (26.3 - 39.2)	37.3 (32.4 - 42.2)
Health Behaviors		
Engaged in regular physical activity in the last week (age 5-17) <sup>9</sup>	19.5 (15.7 - 23.2)	20.4 (18.7 - 22.1)
Had fast food at least twice in last week (age 2-17)	36.0 (30.9 - 41.1)	41.0 (39.2 - 42.9)
Had 5 or more servings of fruits and vegetables yesterday (age 2-17) <sup>10</sup>	24.4 (20.9 - 27.9)	24.0 (21.8 - 26.1)
Had 1 or more servings of soda or sugary drinks yesterday (age 2-11) <sup>11</sup>	28.4 (21.6 - 35.2)	26.6 (21.7 - 31.5)
Had 1 or more servings of soda or sugary drinks yesterday (age 12-17) <sup>11</sup>	63.0 (55.7 - 70.3)	68.0 (63.0 - 73.0)
Had flu vaccination in the past year (6 months - 11 years)	49.9 (44.5 - 55.4)	46.7 (42.3 - 51.2)
Visited a dentist in the past year (age 2-17)	90.0 (87.5 - 92.6)	88.7 (86.9 - 90.5)
Households with children (age 0-17) where smoking is permitted <sup>12</sup>	1.0 (0.6 - 1.5)	1.5 (1.1 - 1.9)
Other Factors		
Food insecure (adults living with children) <sup>13</sup>	9.5 (6.3 - 12.7)	9.7 (7.2 - 12.1)
Family member reads to child everyday (age 0-5)	57.7 (50.9 - 64.5)	55.4 (53.1 - 57.6)

\* Statistically significant difference between SPA and Los Angeles County at p<0.05



## Notes

- <sup>1</sup> With the exception of age, race/ethnicity, FPL, and state level estimates, the estimates for the Child and Teen County Health Profiles were produced employing Small Area Estimation (SAE). SAE is a statistical modeling method used to produce estimates for small geographic areas or population groups that are not otherwise directly available from the survey sample.
- <sup>2</sup> Racial and ethnic categories are based on the Office of Management and Budget (OMB) definitions used in the 2010 Census. For more information, see *2010 Census Briefs*, issued March 2011. Retrieved August 26, 2013: <http://www.census.gov/prod/cen2010/briefs/c2010br-02.pdf>.
- <sup>3</sup> Other Race includes Native Hawaiian, Pacific Islander, American Indian, Alaska Natives, any other race and two or more races.
- <sup>4</sup> FPL is the Federal Poverty Level.
- <sup>5</sup> Usual source of care excludes emergency department and urgent care visits.
- <sup>6</sup> Defined as ever diagnosed with asthma, and reporting current asthma or asthma symptoms in the past year.
- <sup>7</sup> Defined as the proportion of children (age 2-11) whose weight for age is at or above the 85th percentile based on gender specific Centers for Disease Control and Prevention weight guidelines.
- <sup>8</sup> Defined as the proportion of teens (age 12-17) whose body mass index ( $\text{kg}/\text{m}^2$ ) is at or above the 85th percentile on gender and age specific Centers for Disease Control and Prevention BMI guidelines.
- <sup>9</sup> Defined as those who engaged in at least one hour of physical activity daily during the last week, excluding physical education.
- <sup>10</sup> Excludes consumption of fruit juice and fried potatoes.
- <sup>11</sup> Defined as drinking one or more glasses or cans of non-diet soda, sweetened sports drinks or energy drinks yesterday.
- <sup>12</sup> Defined as households with children where smoking is allowed some days or every day among all households.
- <sup>13</sup> Defined as adults with children who had difficulty reliably putting food on the table in the past year. The question assumes that adults with children who are above 200% of the federal poverty level are food secure.



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