



Los Angeles County Service Planning Area 8: South Bay

Los Angeles County is divided into 8 Service Planning Areas (SPAs). This profile provides data on key health indicators for the 404,000 children and teens (age 17 and under) in SPA 8: South Bay. Estimates are based on the 2011-2012 California Health Interview Survey (CHIS).¹



Demographics ²	South Bay (%)	Los Angeles County (%)
Age 0-11	66.0	65.2
Age 12-17	34.0	34.8
White	20.6	17.1
Latino	49.0	62.5
Asian	6.1	9.5
Black	15.7	7.5
Other Race ³	8.6	3.4
Adults living with children, with income less than 200% FPL ⁴	44.7	50.0

	South Bay % (95% CI)	Los Angeles County % (95% CI)
Access and Utilization		
Uninsured all or part year (age 0-17)	9.8 (6.5 - 13.1)	7.9 (6.8 - 9.0)
Employment-based insurance, all year (age 0-17)	45.5 (41.2 - 49.7)	39.8* (38.2 - 41.4)
Medi-Cal or Healthy Families, all year (age 0-17)	33.5 (27.7 - 39.2)	44.5* (42.1 - 47.0)
No usual source of health care (age 0-17) ⁵	7.0 (4.8 - 9.2)	9.2 (8.2 - 10.3)
Health Outcomes		
Current asthma (age 0-17) ⁶	12.5 (8.2 - 16.9)	11.0 (9.3 - 12.6)
Overweight for age (age 2-11) ⁷	14.5 (9.6 - 19.3)	13.9 (11.2 - 16.6)
Overweight or obese (age 12-17) ⁸	38.5 (31.5 - 45.5)	37.3 (32.4 - 42.2)
Health Behaviors		
Engaged in regular physical activity in the last week (age 5-17) ⁹	24.7 (20.2 - 29.1)	20.4 (18.7 - 22.1)
Had fast food at least twice in last week (age 2-17)	39.9 (34.0 - 45.8)	41.0 (39.2 - 42.9)
Had 5 or more servings of fruits and vegetables yesterday (age 2-17) ¹⁰	27.8 (23.6 - 32.1)	24.0 (21.8 - 26.1)
Had 1 or more servings of soda or sugary drinks yesterday (age 2-11) ¹¹	21.9 (16.0 - 27.8)	26.6 (21.7 - 31.5)
Had 1 or more servings of soda or sugary drinks yesterday (age 12-17) ¹¹	68.6 (61.7 - 75.6)	68.0 (63.0 - 73.0)
Had flu vaccination in the past year (6 months - 11 years)	44.9 (39.0 - 58.0)	46.7 (42.3 - 51.2)
Visited a dentist in the past year (age 2-17)	87.1 (83.6 - 90.6)	88.7 (86.9 - 90.5)
Households with children (age 0-17) where smoking is permitted ¹²	1.6 (0.9 - 2.3)	1.5 (1.1 - 1.9)
Other Factors		
Food insecure (adults living with children) ¹³	8.2 (5.1 - 11.3)	9.7 (7.2 - 12.1)
Family member reads to child everyday (age 0-5)	44.7 (36.9 - 52.6)	55.4* (53.1 - 57.6)

* Statistically significant difference between SPA and Los Angeles County at p<0.05



Notes

- ¹ With the exception of age, race/ethnicity, FPL, and state level estimates, the estimates for the Child and Teen County Health Profiles were produced employing Small Area Estimation (SAE). SAE is a statistical modeling method used to produce estimates for small geographic areas or population groups that are not otherwise directly available from the survey sample.
- ² Racial and ethnic categories are based on the Office of Management and Budget (OMB) definitions used in the 2010 Census. For more information, see *2010 Census Briefs*, issued March 2011. Retrieved August 26, 2013: <http://www.census.gov/prod/cen2010/briefs/c2010br-02.pdf>.
- ³ Other Race includes Native Hawaiian, Pacific Islander, American Indian, Alaska Natives, any other race and two or more races.
- ⁴ FPL is the Federal Poverty Level.
- ⁵ Usual source of care excludes emergency department and urgent care visits.
- ⁶ Defined as ever diagnosed with asthma, and reporting current asthma or asthma symptoms in the past year.
- ⁷ Defined as the proportion of children (age 2-11) whose weight for age is at or above the 85th percentile based on gender specific Centers for Disease Control and Prevention weight guidelines.
- ⁸ Defined as the proportion of teens (age 12-17) whose body mass index (kg/m^2) is at or above the 85th percentile on gender and age specific Centers for Disease Control and Prevention BMI guidelines.
- ⁹ Defined as those who engaged in at least one hour of physical activity daily during the last week, excluding physical education.
- ¹⁰ Excludes consumption of fruit juice and fried potatoes.
- ¹¹ Defined as drinking one or more glasses or cans of non-diet soda, sweetened sports drinks or energy drinks yesterday.
- ¹² Defined as households with children where smoking is allowed some days or every day among all households.
- ¹³ Defined as adults with children who had difficulty reliably putting food on the table in the past year. The question assumes that adults with children who are above 200% of the federal poverty level are food secure.



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The California Health Interview Survey (CHIS) is the nation's largest state health survey and one of the largest health surveys in the United States. Learn more at: www.askchis.com