



Los Angeles County

This County Health Profile provides data on key health topics for the 2,487,000 children and teens (age 17 and under) in the Los Angeles County. One year estimates are based on the 2011 California Health Interview Survey (CHIS).¹



Demographics ²	County(%)	California (%)
Age 0-11	64.8	66.4
Age 12-17	35.2	33.6
White	17.2	30.2
Latino	62.4	49.6
Asian	10.7	10.4
Black	7.6	5.6
Other race ³	2.2	4.2
Adults living with children, with income less than 200% FPL ⁴	53.1	45.0

Access and Utilization	County		California	
	%	(95% CI)	%	(95% CI)
Uninsured all or part year (age 0-17)	9.1	(5.9 - 12.2)	8.1	(6.7 - 9.4)
Employment-based insurance, all year (age 0-17)	37.1*	(32.4 - 41.9)	46.4	(44.0 - 48.8)
Medi-Cal or Healthy Families, all year (age 0-17)	45.9*	(40.8 - 51.1)	38.5	(36.1 - 41.0)
No usual source of health care (age 0-17) ⁵	8.8	(6.0 - 11.5)	8.2	(6.9 - 9.6)
Health Outcomes				
Current asthma (age 0-17) ⁶	10.4	(7.3 - 13.6)	10.7	(9.2 - 12.1)
Overweight for age (age 2-11) ⁷	15.4	(10.6 - 20.2)	14.0	(11.8 - 16.3)
Overweight or obese (age 12-17) ⁸	36.3	(28.6 - 43.9)	31.2	(27.5 - 35.0)
Health Behaviors				
Engaged in regular physical activity in the last week (age 5-17) ⁹	26.2	(21.2 - 31.3)	26.9	(24.6 - 29.3)
Walked, skated or biked from school at least once in the last week (age 5-17)	45.9	(40.6 - 51.1)	40.9	(38.2 - 43.5)
Had fast food at least twice in last week (age 2-17)	40.1	(35.2 - 45.0)	38.5	(36.1 - 40.9)
Had 5 or more servings of fruits and vegetables yesterday (age 2-17) ¹⁰	25.2	(20.7 - 29.7)	27.1	(24.9 - 29.2)
Had 1 or more servings of soda or sugary drinks yesterday (age 2-11) ¹¹	23.9	(18.4 - 29.3)	26.4	(23.6 - 29.2)
Had 1 or more servings of soda or sugary drinks yesterday (age 12-17) ¹¹	69.8	(63.0 - 76.7)	68.1	(64.6 - 71.5)
Had flu vaccination in the last year (6 months - 11 years)	50.3	(44.0 - 56.7)	49.4	(46.5 - 52.4)
Visited a dentist in the last year (age 2-17)	87.9	(84.4 - 91.4)	87.3	(85.6 - 88.9)
Households with children (age 0-17) where smoking is permitted ¹²	1.7	(1.1 - 2.3)	1.6	(1.2 - 1.9)
Other Factors				
Low-income food insecurity (adults living with children) ¹³	10.2*	(8.7 - 11.7)	8.3	(7.6 - 9.0)
Family member reads to child everyday (age 0-5)	57.0	(48.3 - 65.7)	64.1	(60.4 - 67.8)

* Statistically significant difference between region and state at p<0.05

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Notes

- ¹ To obtain a representative sample and produce one-year estimates, 4,823 randomly selected children and teens in California participated in CHIS 2011.
- ² Racial and ethnic categories are based on the Office of Management and Budget (OMB) definitions used in the 2010 Census. For more information, see: *2010 Census Briefs*, issued March 2011. Retrieved December 18, 2012: http://quickfacts.census.gov/qfd/meta/long_RHI525211.htm.
- ³ Other races include Native Hawaiian and other Pacific Islander, American Indian and Alaska Native, and two or more races.
- ⁴ FPL is the Federal Poverty Level. Poverty estimates for CHIS 2011 have been weighted to the Current Population Survey 2010 and are not comparable to estimates from previous CHIS cycles.
- ⁵ Estimates exclude emergency room and urgent care visits as a usual source of care.
- ⁶ Defined as ever diagnosed with asthma and reporting current asthma or an asthma attack/episode in the last year.
- ⁷ Defined as children (age 2-11) whose weight for age is at or above the 85th percentile based on the gender-specific Centers for Disease Control and Prevention weight guidelines.
- ⁸ Defined as teens (age 12-17) whose body mass index (kg/m^2) is at or above the 85th percentile based on gender and age-specific Centers for Disease Control and Prevention BMI guidelines.
- ⁹ Defined as those who engaged in at least one hour of physical activity daily during the last week, excluding physical education.
- ¹⁰ Excludes consumption of fruit juice and fried potatoes.
- ¹¹ Defined as drinking one or more glasses or cans of non-diet soda, sweetened sports drinks or energy drinks yesterday.
- ¹² Defined as households with children where smoking is allowed some days or every day among all households.
- ¹³ Defined as adults with children who are under 200% of the federal poverty level and had difficulty reliably putting food on the table in the last year among all adults in the population.



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The **California Health Interview Survey (CHIS)** is the nation's largest state health survey and one of the largest health surveys in the United States. Learn more at: www.askchis.com