

**Sedentary Behavior<sup>1</sup> by CA Assembly District, age 18+, CHIS 2009**  
 Prepared by the UCLA Center for Health Policy Research, October 2012

District Type	District Number	Number Impacted	Percent	Lower CI	Upper CI	Compared to State
State	CA	3,275,000	11.9%	11.2%	12.6%	
CA Assembly	1	55,000	14.6%	12.4%	16.8%	higher
CA Assembly	2	36,000	10.7%	8.5%	12.9%	
CA Assembly	3	47,000	13.6%	12.0%	15.2%	
CA Assembly	4	38,000	10.8%	8.6%	13.1%	
CA Assembly	5	45,000	13.2%	11.0%	15.3%	
CA Assembly	6	34,000	11.4%	8.7%	14.0%	
CA Assembly	7	55,000	15.7%	10.3%	21.2%	
CA Assembly	8	68,000	19.7%	13.5%	25.9%	higher
CA Assembly	9	46,000	13.5%	9.2%	17.9%	
CA Assembly	10	37,000	10.5%	7.8%	13.2%	
CA Assembly	11	35,000	10.8%	6.7%	14.8%	
CA Assembly	12	34,000	11.1%	7.3%	14.9%	
CA Assembly	13	38,000	12.4%	7.9%	17.0%	
CA Assembly	14	33,000	8.8%	5.5%	12.1%	
CA Assembly	15	32,000	7.9%	4.5%	11.3%	lower
CA Assembly	16	30,000	8.7%	4.4%	13.1%	
CA Assembly	17	31,000	7.4%	3.0%	11.8%	lower
CA Assembly	18	31,000	7.2%	3.2%	11.1%	lower
CA Assembly	19	18,000	4.9%	2.9%	6.9%	lower
CA Assembly	20	49,000	17.8%	8.8%	26.8%	
CA Assembly	21	43,000	14.0%	9.0%	19.0%	
CA Assembly	22	48,000	12.9%	5.9%	19.9%	
CA Assembly	23	37,000	11.5%	8.2%	14.8%	
CA Assembly	24	29,000	7.6%	4.2%	11.1%	lower
CA Assembly	25	37,000	12.2%	6.3%	18.2%	
CA Assembly	26	43,000	13.3%	9.7%	16.9%	
CA Assembly	27	21,000	6.1%	3.3%	8.9%	lower
CA Assembly	28	57,000	13.3%	7.6%	18.9%	
CA Assembly	29	32,000	9.6%	5.6%	13.5%	
CA Assembly	30	39,000	12.4%	7.8%	16.9%	
CA Assembly	31	53,000	16.1%	11.7%	20.5%	
CA Assembly	32	26,000	11.0%	7.8%	14.1%	
CA Assembly	33	36,000	10.2%	7.1%	13.3%	
CA Assembly	34	91,000	24.9%†	12.7%	37.1%	higher
CA Assembly	35	33,000	9.2%	6.6%	11.8%	lower
CA Assembly	36	58,000	21.1%	15.2%	26.9%	higher
CA Assembly	37	21,000	6.3%	4.7%	8.0%	lower
CA Assembly	38	41,000	12.2%	7.7%	16.6%	
CA Assembly	39	60,000	15.4%	7.1%	23.7%	
CA Assembly	40	53,000	13.7%	6.4%	20.9%	
CA Assembly	41	28,000	7.6%	4.6%	10.6%	lower
CA Assembly	42	47,000	12.9%	8.2%	17.6%	
CA Assembly	43	45,000	12.4%	4.4%	20.3%	
CA Assembly	44	32,000	9.8%	6.5%	13.0%	

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CA Assembly	45	40,000	11.9%	6.6%	17.2%	
CA Assembly	46	28,000	9.7%	5.3%	14.1%	
CA Assembly	47	31,000	11.2%	5.2%	17.1%	
CA Assembly	48	55,000	16.6%†	5.8%	27.4%	
CA Assembly	49	47,000	11.4%	6.8%	15.9%	
CA Assembly	50	50,000	13.3%	4.4%	22.2%	
CA Assembly	51	43,000	10.2%	6.3%	14.2%	
CA Assembly	52	43,000	16.8%†	5.4%	28.3%	
CA Assembly	53	27,000	7.5%	2.5%	12.4%	
CA Assembly	54	55,000	13.0%	5.1%	21.0%	
CA Assembly	55	39,000	9.9%	5.6%	14.3%	
CA Assembly	56	41,000	15.2%	10.8%	19.5%	
CA Assembly	57	44,000	11.0%	6.2%	15.8%	
CA Assembly	58	38,000	10.2%	6.7%	13.6%	
CA Assembly	59	58,000	17.3%†	4.9%	29.7%	
CA Assembly	60	34,000	12.5%	6.5%	18.4%	
CA Assembly	61	38,000	10.9%	4.8%	17.0%	
CA Assembly	62	55,000	17.6%	9.0%	26.1%	
CA Assembly	63	21,000	7.4%	3.5%	11.2%	lower
CA Assembly	64	34,000	13.5%	7.8%	19.2%	
CA Assembly	65	24,000	7.4%	5.0%	9.9%	lower
CA Assembly	66	39,000	10.2%	4.3%	16.1%	
CA Assembly	67	46,000	15.1%	7.4%	22.8%	
CA Assembly	68	46,000	12.1%	4.6%	19.6%	
CA Assembly	69	32,000	12.6%	5.3%	19.9%	
CA Assembly	70	31,000	7.7%	4.8%	10.6%	lower
CA Assembly	71	58,000	15.6%	8.2%	22.9%	
CA Assembly	72	69,000	15.9%†	3.9%	27.8%	
CA Assembly	73	41,000	10.3%	5.1%	15.5%	
CA Assembly	74	25,000	7.5%	3.8%	11.1%	lower
CA Assembly	75	32,000	10.9%	6.2%	15.5%	
CA Assembly	76	33,000	10.1%	7.5%	12.7%	
CA Assembly	77	39,000	10.8%	3.7%	17.9%	
CA Assembly	78	30,000	8.3%	2.8%	13.9%	
CA Assembly	79	48,000	13.0%	7.1%	18.8%	
CA Assembly	80	58,000	19.2%	11.9%	26.6%	higher

Notes:

<sup>1</sup> Sedentary behavior is defined as engaging in less than 10 minutes of any type of physical activity in the past week.

† Estimate should be interpreted with caution because it is either unstable (coefficient of variation ≥ 40%) or it has a wide confidence interval (> 20 percentage points).

**Lower and Upper CI** denotes 95% confidence intervals for every calculated estimates. This means that the actual value lies between the lower and upper range.

**Compared to State** denotes estimates of districts that are significantly higher or lower than the overall California estimate.

Blank cells denote no significant difference.

Source: 2009 California Health Interview Survey (CHIS). Boundaries for legislative districts were approximated using 2010 Census tracts.