

Sedentary Behavior¹ by US Congressional District, age 18+, CHIS 2009

Prepared by the UCLA Center for Health Policy Research, October 2012

District Type	District Number	Number Impacted	Percent	Lower CI	Upper CI	Compared to State
State	CA	3,275,000	11.9%	11.2%	12.6%	
US Congressional	1	79,000	14.2%	12.6%	15.9%	higher
US Congressional	2	57,000	10.3%	8.3%	12.4%	
US Congressional	3	69,000	14.0%	11.4%	16.6%	
US Congressional	4	61,000	11.6%	9.8%	13.5%	
US Congressional	5	52,000	10.1%	7.6%	12.7%	
US Congressional	6	87,000	16.9%	12.6%	21.1%	higher
US Congressional	7	76,000	15.1%	10.5%	19.7%	
US Congressional	8	66,000	12.7%	7.4%	18.0%	
US Congressional	9	57,000	12.2%	8.7%	15.7%	
US Congressional	10	56,000	12.3%	8.4%	16.2%	
US Congressional	11	46,000	8.1%	5.8%	10.5%	lower
US Congressional	12	39,000	6.4%	3.3%	9.6%	lower
US Congressional	13	43,000	6.5%	3.6%	9.4%	lower
US Congressional	14	41,000	7.5%	4.8%	10.2%	lower
US Congressional	15	69,000	15.3%	9.0%	21.6%	
US Congressional	16	71,000	16.2%	11.9%	20.4%	higher
US Congressional	17	55,000	11.9%	7.6%	16.3%	
US Congressional	18	79,000	12.5%	7.0%	18.0%	
US Congressional	19	47,000	9.4%	5.5%	13.2%	
US Congressional	20	50,000	9.9%	7.6%	12.1%	
US Congressional	21	60,000	14.3%	8.9%	19.8%	
US Congressional	22	55,000	11.0%	8.6%	13.4%	
US Congressional	23	108,000	20.7%	13.0%	28.3%	higher
US Congressional	24	39,000	7.6%	5.8%	9.3%	lower
US Congressional	25	79,000	17.0%	12.8%	21.2%	higher
US Congressional	26	48,000	9.4%	6.9%	11.9%	
US Congressional	27	53,000	8.6%	5.9%	11.3%	lower
US Congressional	28	64,000	12.2%	6.2%	18.1%	
US Congressional	29	69,000	13.3%	6.7%	19.9%	
US Congressional	30	59,000	12.0%	7.4%	16.5%	
US Congressional	31	61,000	12.0%	8.6%	15.4%	
US Congressional	32	76,000	14.1%	6.5%	21.8%	
US Congressional	33	62,000	11.1%	5.3%	16.9%	
US Congressional	34	54,000	8.9%	5.3%	12.5%	
US Congressional	35	59,000	14.7%	7.6%	21.8%	
US Congressional	36	64,000	12.7%	9.0%	16.5%	
US Congressional	37	75,000	12.5%	6.9%	18.1%	
US Congressional	38	65,000	11.3%	8.1%	14.5%	
US Congressional	39	60,000	10.2%	7.1%	13.2%	
US Congressional	40	27,000	6.1%	3.4%	8.8%	lower
US Congressional	41	62,000	13.0%	7.1%	18.9%	
US Congressional	42	57,000	12.9%	7.5%	18.2%	
US Congressional	43	80,000	15.4%	8.6%	22.3%	
US Congressional	44	79,000	18.1%	8.7%	27.5%	

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District Type	District Number	Number Impacted	Percent	Lower CI	Upper CI	Compared to State
US Congressional	45	64,000	11.8%	6.2%	17.4%	
US Congressional	46	45,000	9.6%	5.2%	13.9%	
US Congressional	47	76,000	12.5%	4.1%	20.8%	
US Congressional	48	50,000	9.2%	6.2%	12.3%	
US Congressional	49	48,000	8.9%	6.2%	11.7%	lower
US Congressional	50	74,000	14.9%	9.3%	20.6%	
US Congressional	51	83,000	17.1%	12.3%	21.8%	higher
US Congressional	52	57,000	10.9%	5.2%	16.6%	
US Congressional	53	63,000	11.3%	7.4%	15.1%	

Notes:

¹ Sedentary behavior is defined as engaging in less than 10 minutes of any type of physical activity in the past week.

† Estimate should be interpreted with caution because it is either unstable (coefficient of variation $\geq 40\%$) or it has a wide confidence interval (> 20 percentage points).

Lower and Upper CI denotes 95% confidence intervals for every calculated estimates. This means that the actual value lies

Compared to State denotes estimates of districts that are significantly higher or lower than the overall California estimate.

Blank cells denote no significant difference.

Source: 2009 California Health Interview Survey (CHIS). Boundaries for legislative districts were approximated using 2010 Census tracts.