California Assembly District 53

This Assembly District Health Profile provides data on key health topics for the approximately 477,000 adults and children living in Assembly District 53 of California. Estimates are based on the 2011-2012 California Health Interview Survey (CHIS). Boundaries for legislative districts were approximated using Census tracts.

### Demographics

<table>
<thead>
<tr>
<th>Category</th>
<th>Assembly District</th>
<th>California</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>7.1%</td>
<td>39.5%</td>
<td></td>
</tr>
<tr>
<td>Latino</td>
<td>72.0%</td>
<td>38.5%</td>
<td></td>
</tr>
<tr>
<td>Asian</td>
<td>15.1%</td>
<td>13.1%</td>
<td></td>
</tr>
<tr>
<td>Black</td>
<td>4.6%</td>
<td>5.6%</td>
<td></td>
</tr>
<tr>
<td>Other Race</td>
<td>1.2%</td>
<td>3.4%</td>
<td></td>
</tr>
</tbody>
</table>

### Adults with income less than 200% FPL

<table>
<thead>
<tr>
<th>Category</th>
<th>Assembly District</th>
<th>California</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>65.9%</td>
<td>35.9%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Health Indicator

<table>
<thead>
<tr>
<th>Category</th>
<th>Assembly District</th>
<th>California</th>
<th>Compared to State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Uninsured all or part year (age 0-64)</td>
<td>36.6% (29.5 - 43.6)</td>
<td>21.3% (20.5 - 22.0)</td>
<td>↑</td>
</tr>
<tr>
<td>Exchange eligible with and without subsidies (age 0-64)</td>
<td>8.5% (4.0 - 13.1)</td>
<td>7.5% (7.0 - 8.0)</td>
<td></td>
</tr>
<tr>
<td>Medi-Cal expansion eligible (age 0-64)</td>
<td>18.0% (13.1 - 22.9)</td>
<td>11.1% (10.6 - 11.7)</td>
<td>↑</td>
</tr>
<tr>
<td>Serious psychological distress in the past year (age 18+)</td>
<td>7.0% (3.8 - 10.2)</td>
<td>7.9% (7.5 - 8.4)</td>
<td></td>
</tr>
<tr>
<td>Current asthma (all ages)</td>
<td>4.4% (2.2 - 6.6)</td>
<td>8.3% (7.9 - 8.7)</td>
<td>↓</td>
</tr>
<tr>
<td>Ever diagnosed with diabetes (age 45+)</td>
<td>25.6%† (15.2 - 36.1)</td>
<td>14.4% (13.7 - 15.1)</td>
<td>↑</td>
</tr>
<tr>
<td>Obese (age 18+)</td>
<td>24.3% (18.2 - 30.5)</td>
<td>24.8% (24.1 - 25.5)</td>
<td></td>
</tr>
<tr>
<td>Current smoker (age 18+)</td>
<td>18.9% (11.9 - 25.9)</td>
<td>13.8% (13.2 - 14.3)</td>
<td></td>
</tr>
<tr>
<td>Ate fast food 2 or more times in the past week (age 2+)</td>
<td>34.1% (27.8 - 40.3)</td>
<td>37.0% (36.2 - 37.8)</td>
<td></td>
</tr>
<tr>
<td>Food insecure (age 2+)</td>
<td>32.3% (24.9 - 39.7)</td>
<td>14.9% (14.3 - 15.6)</td>
<td>↑</td>
</tr>
</tbody>
</table>

**Notes**


2 Other Race includes Native Hawaiian, Pacific Islander, American Indian, Alaska Natives, any other race and two or more races.

3 FPL is the Federal Poverty Level.

4 Defined as the percent of the non-elderly (0-64 years) who were without insurance at any point during the past year.

5 Defined as the percent of non-elderly (0-64 years) who were uninsured all or part of the year and are eligible to purchase health insurance in the Exchange as part of the Affordable Care Act (ACA).

6 Defined as the percent of non-elderly (0-64 years) who were uninsured all or part year and are eligible for health insurance coverage under Medi-Cal Expansion as part of the Affordable Care Act (ACA).

7 Defined as the percent of non-elderly (0-64 years) who were uninsured all or part year and are eligible for health insurance coverage under Medi-Cal Expansion as part of the Affordable Care Act (ACA).

8 Serious Psychological Distress (SPD) is often used as a proxy measure for severe mental illness in a population. Adult respondents (18 years and over) were asked 6 questions, known as the “Kessler 6,” to assess symptoms of distress during a 30-day period in the past year.

9 Defined as ever diagnosed with asthma and reporting current asthma or an asthma attack/episode in the past year.

10 Defined as the percent of adults (45 years and over) who ever reported being diagnosed with non-gestational diabetes.

11 Defined as having smoked at least 100 cigarettes in entire lifetime and currently smokes everyday or some days.

12 Defined as the percent of adults who had difficulty reliably putting food on the table in the past year. The question assumes that adults who are above 200% of the federal poverty level are food secure.

**Notes**

† Estimate should be interpreted with caution because it is either unstable (coefficient of variation ≥40%) or it has a wide confidence interval (>20 percentage points).