Oral health is an important component of overall health. Efforts to promote the oral health of Californians require an understanding of where those with poor oral health live, which populations have the highest rates, and whether they can afford dental care.

California Adults with Poor Oral Health* Frequently Live in Rural Counties

In each region, income and racial/ethnic characteristics of the population with poor oral health varies.

### Oral Health of Californians Differs by Where They Live

- **BAY AREA**
  - 0%-138% FPL: 30%
  - ASIAN: 29%
  - LATINX: 17%
  - BLACK: 8%

- **SAN JOAQUIN VALLEY**
  - 0%-138% FPL: 46%
  - LATINX: 32%
  - ASIAN: 7%
  - BLACK: 6%

- **CENTRAL COAST**
  - 0%-138% FPL: 34%
  - LATINX: 34%
  - ASIAN: 6%
  - BLACK: 2%

- **LOS ANGELES**
  - 0%-138% FPL: 42%
  - LATINX: 36%
  - ASIAN: 15%
  - BLACK: 10%

- **SACRAMENTO**
  - 0%-138% FPL: 37%
  - ASIAN: 15%
  - LATINX: 11%
  - BLACK: 6%

- **NORTHERN/SIERRA**
  - 0%-138% FPL: 40%
  - LATINX: 11%
  - ASIAN: 1%
  - BLACK: <1%

- **NORTHERN/SIERRA**
  - 0%-138% FPL: 40%
  - LATINX: 11%
  - ASIAN: 1%
  - BLACK: <1%

- **OTHER SOUTHERN CALIFORNIA**
  - 0%-138% FPL: 41%
  - LATINX: 31%
  - ASIAN: 13%
  - BLACK: 5%

### IMPLICATIONS

- Develop local solutions to promote access to oral health care.
- Promote geographic, income, and racial/ethnic equity in oral health status.

---

*Poor oral health includes those with “fair” and “poor” oral health
**Northern/Sierra includes two noncontiguous areas separated by the Sacramento region. Counties included in each region can be found at https://bit.ly/34yztp (logon required)
***FPL = federal poverty level

Source: 2017 and 2018 California Health Interview Surveys