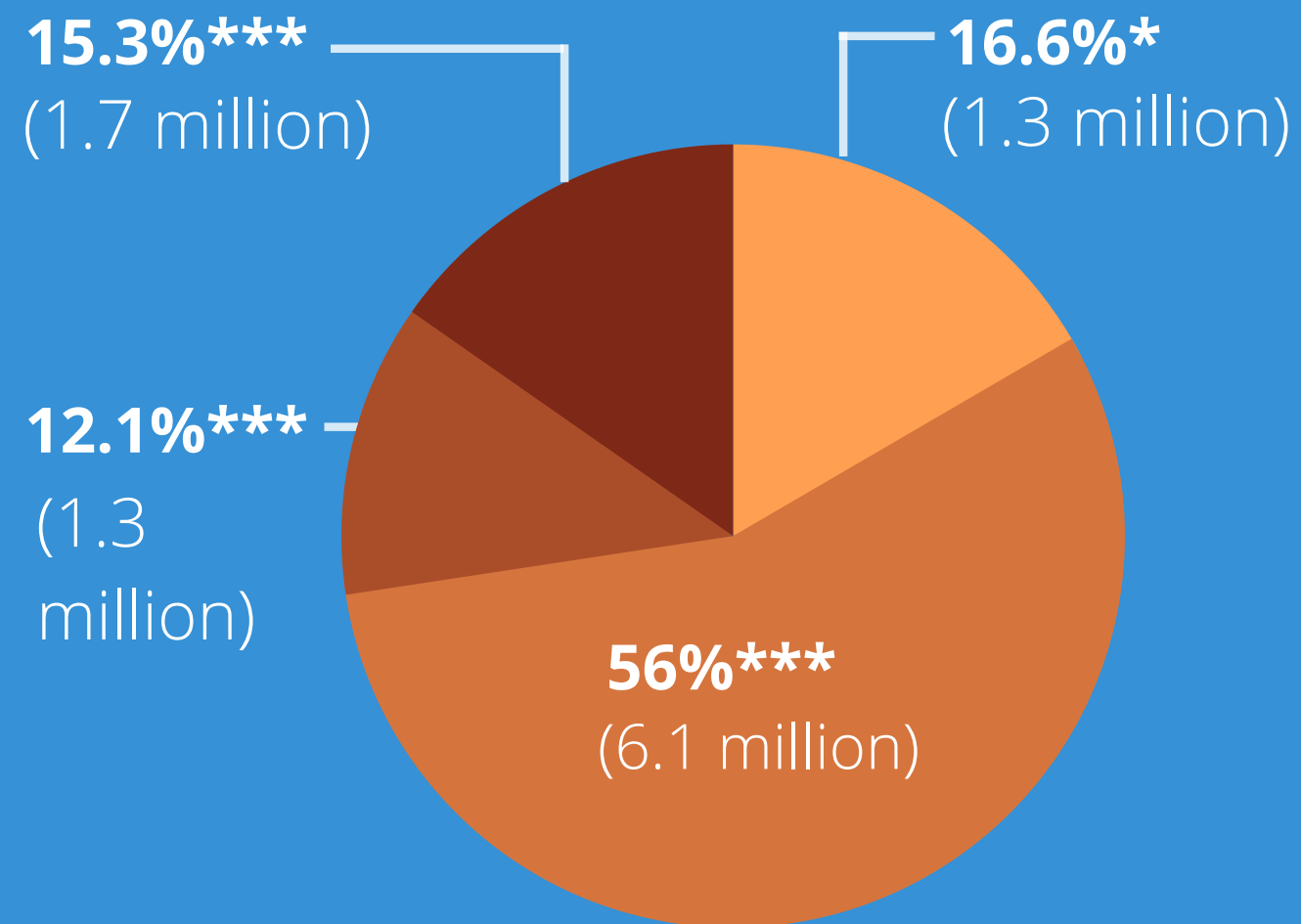


# Psychological Distress Among Californians, by Mental Health Services Act Eligibility (MHSA)

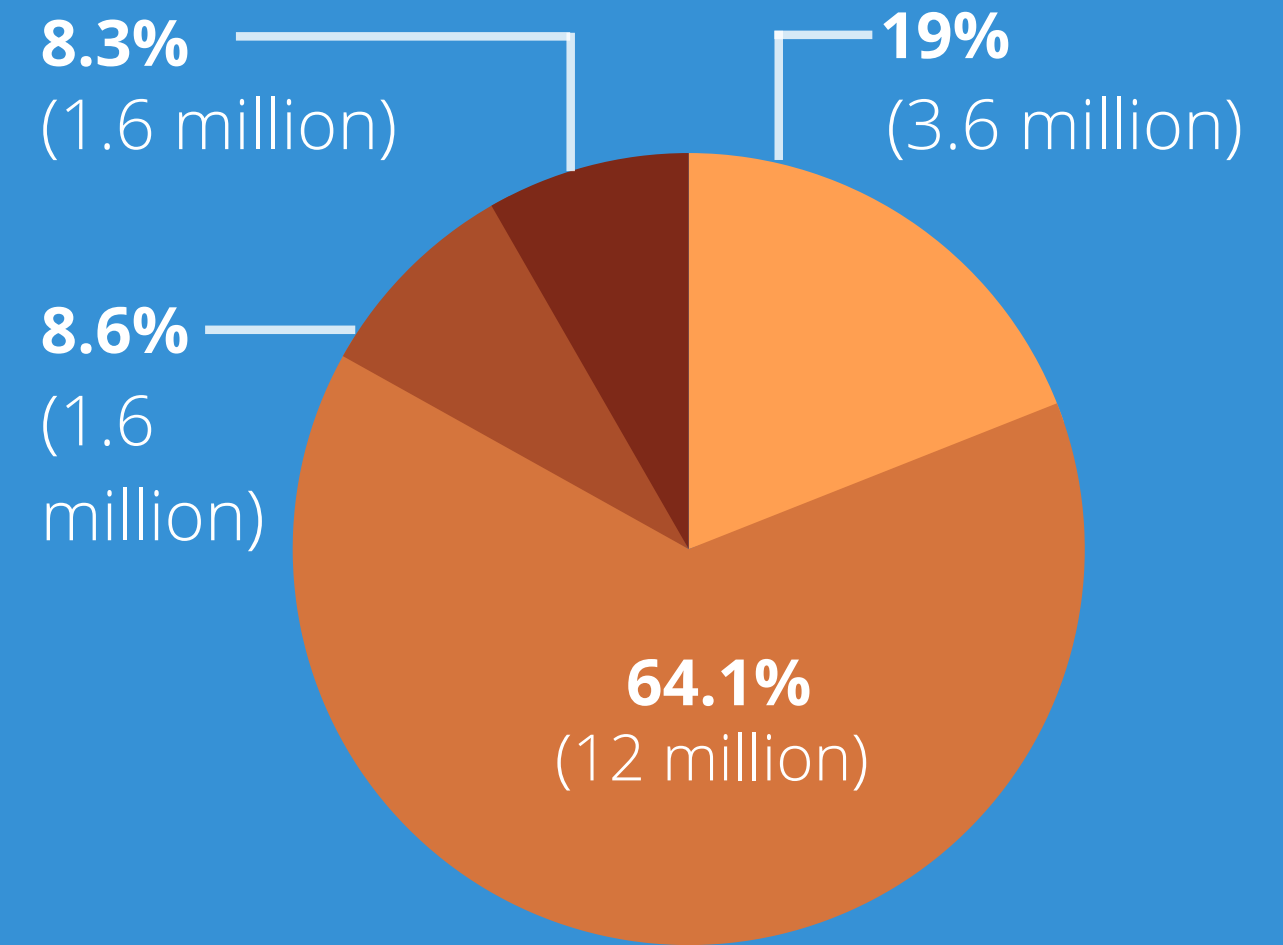
## Adults, Ages 18 and Older, 2018

■ Serious (Kessler 6  $\geq$  13)    
 ■ Moderate (K6 = 9–12)    
 ■ Mild (K6 = 1–8)    
 ■ None (K6 = 0)

### MHSA Eligible



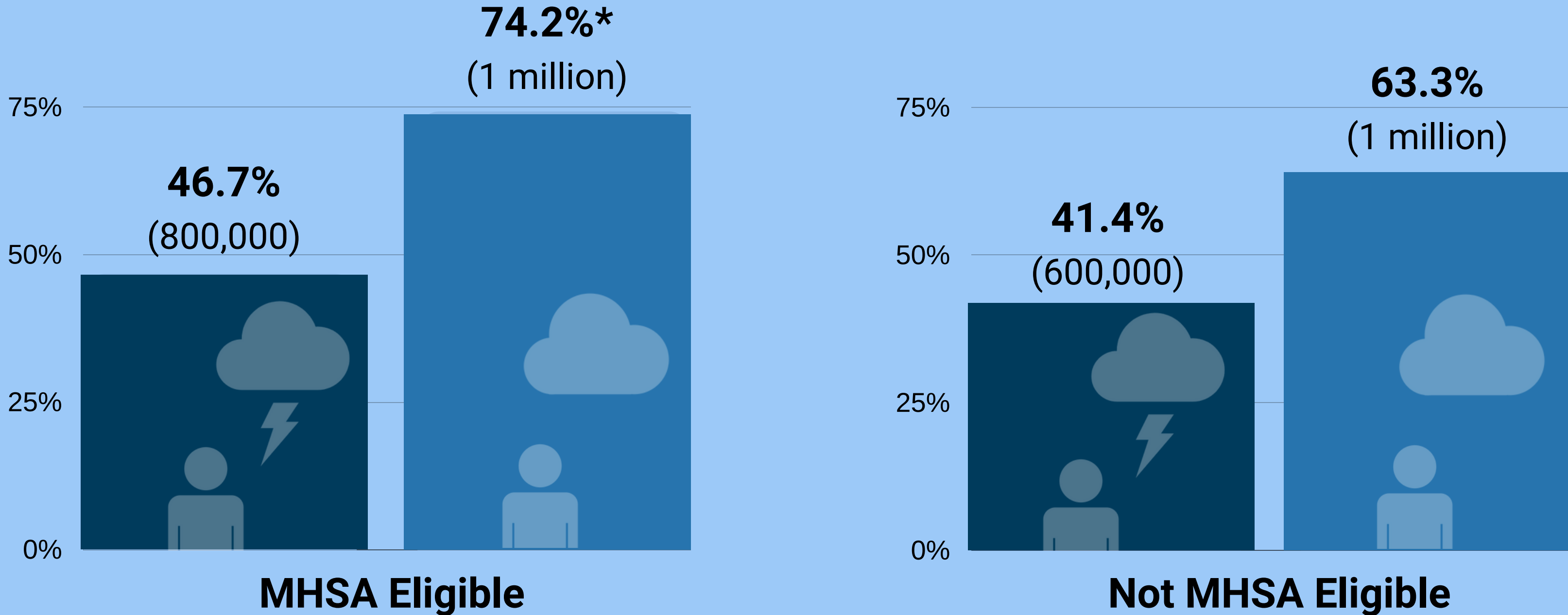
### Not MHSA Eligible



Difference between MHSA eligibility groups for each distress category is statistically significant at \* $p < .05$ ; \*\* $p < .01$  (not used in this chart); \*\*\* $p < .001$   
 NOTE: The Kessler 6 (K6) scale measures psychological distress.     Data Source: California Health Interview Survey (CHIS), 2018

# Unmet Need for Mental Health Services Past Year, California Adults Ages 18 and Older by Level of Psychological Distress and MHSA Eligibility, 2018

■ Serious Psychological Distress (K6 ≥ 13)    ■ Moderate Psychological Distress (K6 = 9–12)



Difference between MHSA eligibility groups for each distress category is statistically significant at \*p < .05

Data Source: California Health Interview Survey (CHIS), 2018

# Unmet Need for Mental Health Services Past Year, by Race and Ethnicity

MHSA-Eligible California Adults with Moderate Psychological Distress, Ages 18 and Older

**81.2%\***

Latino

600,000

**77%**

Asian

(non-Latino)

100,000

**68%**

African American

(non-Latino)

70,000

**65%†**

White

(non-Latino)

200,000

† Reference Group:  
Difference from reference  
group is statistically  
significant at \*p < .05

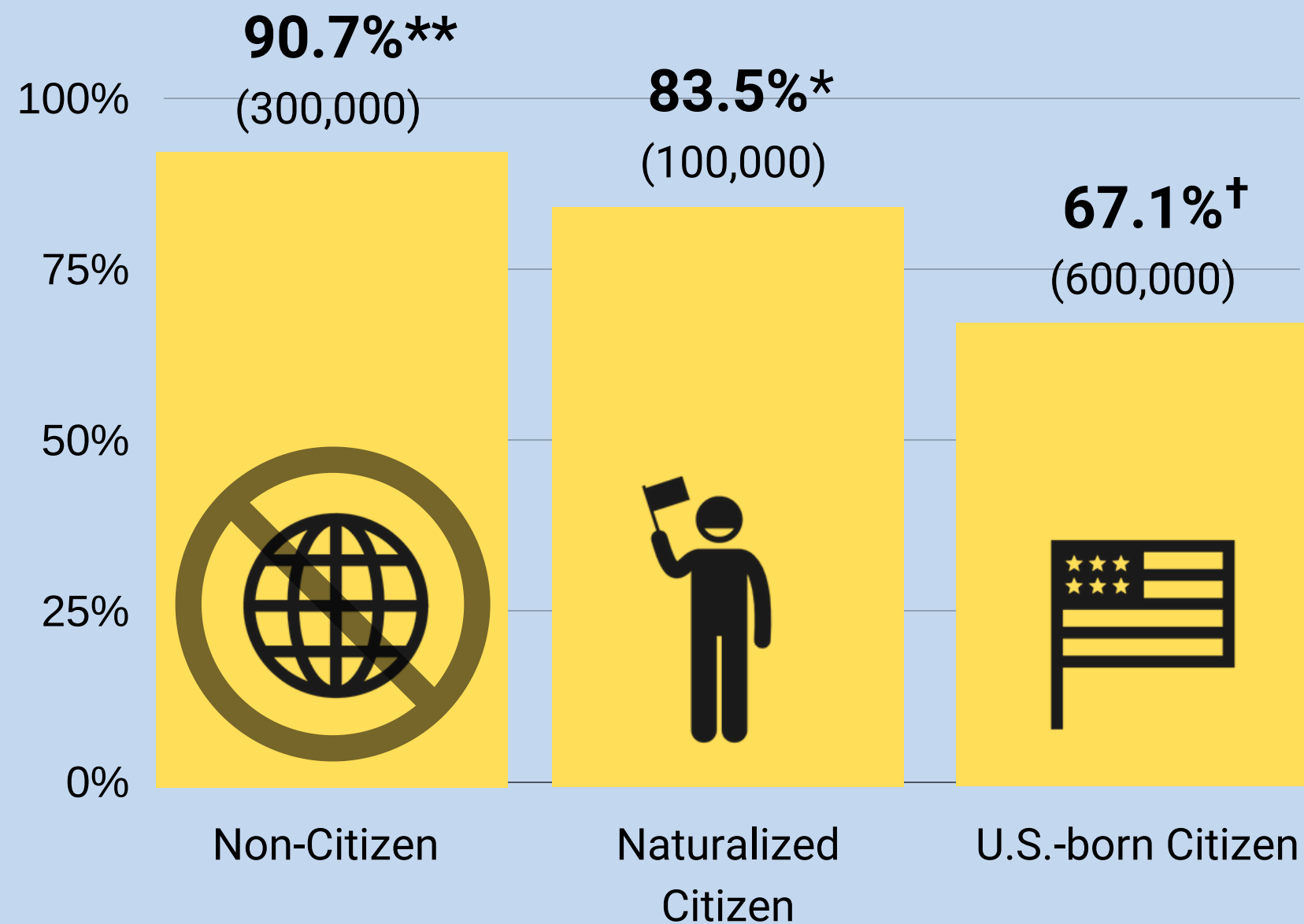
Data Source: California  
Health Interview Survey  
(CHIS), 2018



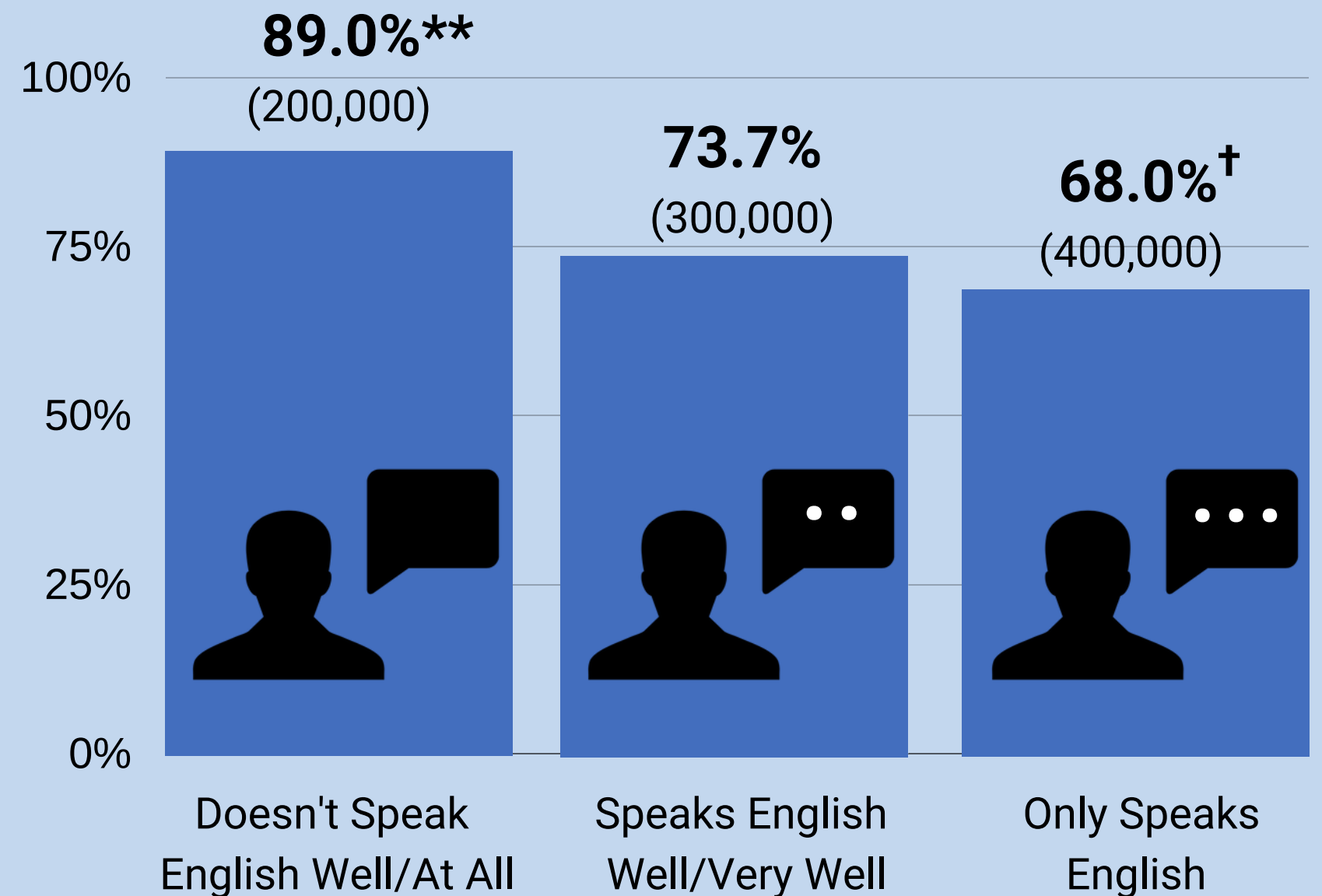
# Unmet Need for Mental Health Services Past Year, by Immigration and Citizenship Status and by English Language Proficiency

MHSA-Eligible California Adults with Moderate Psychological Distress, Ages 18 and Older

## Immigration and Citizenship Status



## English Language Proficiency



†Reference Group: Difference from reference group is statistically significant at \*p < .05; \*\*p < .01

Data Source: California Health Interview Survey (CHIS), 2018