

# California LGBTQ+ Adult Population Health Behaviors and Attitudes on Tobacco

The **California LGBTQ+ Tobacco Survey** was developed by the UCLA Center for Health Policy Research to better understand tobacco and marijuana use, vaping, cessation efforts, secondhand smoke exposure, and tobacco-related attitudes among LGBTQ+ adults in California.

## Vaping and Marijuana Use

**1 in 10** (9.8%)

LGBTQ+ adults currently use vaping products\*

**2 in 5** (39.0%)

LGBTQ+ adults have used vaping products in their lifetime\*\*

**\*3.5x** higher than all California adults (2.8%)

**\*\*2x** higher than all California adults (18.5%)

**1 in 3** (34%)

LGBTQ+ adults currently use marijuana compared to 19.5% who currently use any tobacco product

## Cessation and Barriers to Treatment

**4 in 5** (80.1%)

LGBTQ+ smokers attempted to quit smoking at least once in their lifetime



**What did smokers use to help quit smoking?**

**46.8%** vaping products  
vs.

**25.7%** nicotine replacement therapy (NRT) or prescription cessation medications

**Barriers to treatment**

**17.2%** cost of NRT or prescription cessation medication

**10.5%** perceived unfair treatment due to sexual orientation or gender identity

## Secondhand Smoke and Vape Exposure



Nearly

**2 in 5** (38.1%)

LGBTQ+ adults were exposed to tobacco secondhand smoke or vapor in the past two weeks compared to 26.6% of all California adults

**Where were they exposed?**

**68.1%**  
sidewalk

**47.8%**  
home

**19.4%**  
workplace

## Related Policy

**LGBTQ+ adults agree or strongly agree that apartment complexes should require all units to be ...**

**Cigarette smoke-free and vape-free:**

Nearly **2 in 3** (65.0%)

**Marijuana smoke-free:**

Nearly **9 in 10** (87.1%)



**LGBTQ+ adults who agree or strongly agree that sales of tobacco should be banned to anyone born after 2025:**

**60.8%**  
All LGBTQ+ adults

**71.9%**  
LGBTQ+ young adults ages 18-24

Read the full report: <https://ucla.in/3N7SHTc>

Source: California LGBTQ+ Survey, a California Health Interview Survey follow-on survey