California LGBTQ+ Adult Population Health Behaviors and Attitudes on Tobacco

The California LGBTQ+ Tobacco Survey was developed by the UCLA Center for Health Policy Research to better understand tobacco and marijuana use, vaping, cessation efforts, secondhand smoke exposure, and tobacco-related attitudes among LGBTQ+ adults in California.

**Vaping and Marijuana Use**
- **1 in 10 (9.8%)**: LGBTQ+ adults currently use vaping products*
- **2 in 5 (39.0%)**: LGBTQ+ adults have used vaping products in their lifetime**
  - *3.5x higher than all California adults (2.8%)
  - **2x higher than all California adults (18.5%)**
- **1 in 3 (34%)**: LGBTQ+ adults currently use marijuana compared to 19.5% who currently use any tobacco product

**Cessation and Barriers to Treatment**
- **4 in 5 (80.1%)**: LGBTQ+ smokers attempted to quit smoking at least once in their lifetime

*What did smokers use to help quit smoking?*

- 46.8% vaping products
- 25.7% nicotine replacement therapy (NRT) or prescription cessation medications

**Secondhand Smoke and Vape Exposure**
- Nearly **2 in 5 (38.1%)**: LGBTQ+ adults were exposed to tobacco secondhand smoke or vapor in the past two weeks compared to 26.6% of all California adults

*Where were they exposed?*
- 68.1% sidewalk
- 47.8% home
- 19.4% workplace

**Related Policy**
- LGBTQ+ adults agree or strongly agree that apartment complexes should require all units to be...
  - Cigarette smoke-free and vape-free: Nearly **2 in 3 (65.0%)**
  - Marijuana smoke-free: Nearly **9 in 10 (87.1%)**

*LGBTQ+ adults who agree or strongly agree that sales of tobacco should be banned to anyone born after 2025:*
- 60.8% All LGBTQ+ adults
- 71.9% LGBTQ+ young adults ages 18–24

Read the full report: [https://ucla.in/3N7SHTc](https://ucla.in/3N7SHTc)
Source: California LGBTQ+ Survey, a California Health Interview Survey follow-on survey