

Older Adults and Adults With Disabilities in California Struggle to Make Financial Ends Meet

UCLA CHPR's **California Long-Term Services and Supports** study examines the financial difficulties experienced by older adults and adults with disabilities in California.

Who Experienced Financial Difficulties?

Among older adults and adults with disabilities...

3 in 5 (61.4%) were very or somewhat worried that their total family income was not enough to meet their living expenses and bills

2 in 5 (40.1%) cut back on saving for retirement

Nearly **2 in 5** (38.4%) household incomes declined

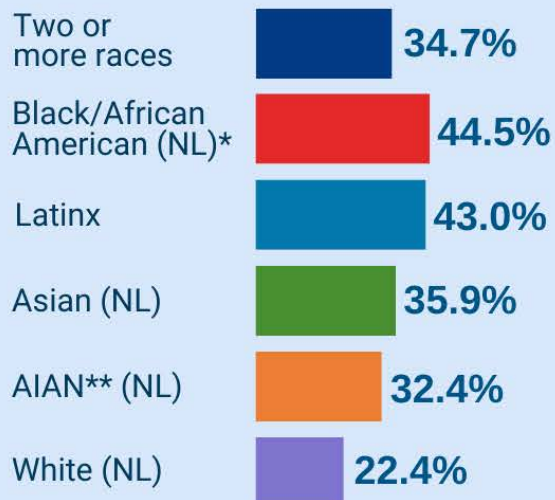
1 in 5 (20.0%) had debt due to medical bills



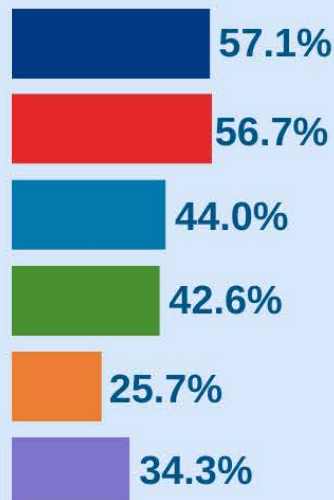
Financial difficulties among older adults and adults with disabilities by race/ethnicity:



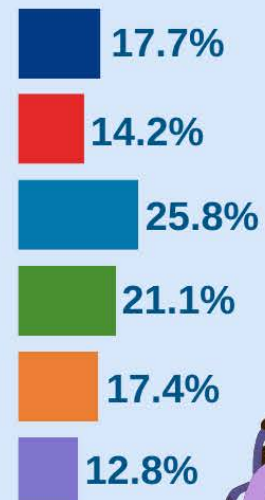
Received or borrowed money from someone



Cut amount spent on food



Unable to make rent or mortgage payment



*NL = Non-Latinx

**American Indian and Alaska Native

Source: 2019–20 California Long-Term Services and Supports study, a follow-on survey of the California Health Interview Survey (CHIS)

Read the fact sheet at: <https://ucla.in/3Q3Zq1x>.