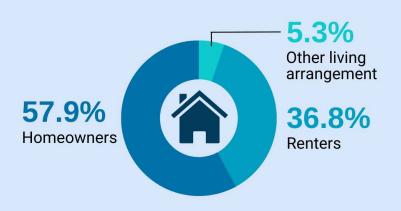
Housing issues during COVID-19 and health care cutbacks



California adults who struggled to pay for housing or had unstable housing during the COVID-19 pandemic in 2021 were more likely to delay or cut back on health care and other practices that improve health, according to a study by the UCLA Center for Health Policy Research.

California housing demographics: Who lived where?





Who struggled to afford housing due to COVID-19? ...

3x as likely to struggle

18.6% renters

VS.

5% homeowners

2x as likely to struggle

About

14%

Latino and
Black or African
American renters



white renters

Who had unstable housing during the pandemic in 2021?



VS.



renters

homeowners



VS.



Latino renters

white renters

How housing issues during the COVID-19 pandemic were associated with adult health in 2021

	Ability to pay for housing		Housing stability	
	Struggled	Did not struggle	Unstable	Stable
Lacked health insurance	15.5%	6.8%	16.7%	7.2%
Delayed care	33.6%	19.5%	34.3%	23.5%

Note: Does not include populations in correctional facilities, dormitories, skilled nursing facilities, or people experiencing homelessness.

Source: 2021 California Health Interview Survey Read the policy brief: https://ucla.in/3ILKWml

