Long-Term Support Needed to Help Older Adults and Adults With Disabilities Thrive

Five key findings from a UCLA Center for Health Policy Research study that examines the need for long-term services and supports (LTSS) among older adults and adults with disabilities in California.

Among California adults with LTSS needs...

1 in 5 adults experienced serious psychological distress in the past month (21%), compared with 6% of the general adult population in California.

More than 1 in 4 adults who felt their neighbors could not be trusted reported serious psychological distress (27%), compared with 19% of adults who felt their neighbors could be trusted.

$51% of adults with financial worries reported poor or fair health, compared with 39% of adults with no financial worries.

$74% of Asian adults had financial worries, compared with 67% of Black or African American adults and 61% of all California adults with LTSS needs.

Nearly 2 in 5 adults with no health insurance reported serious psychological distress (38%), compared with 23% of adults with private insurance.

Source: 2019–2020 California Health Interview Surveys
Read the policy brief and facts sheets at: https://ucla.in/3VS2geC