

Long-Term Support Needed to Help Older Adults and Adults With Disabilities Thrive

Five key findings from a UCLA Center for Health Policy Research study that examines the need for long-term services and supports (LTSS) among older adults and adults with disabilities in California.

Among California adults with LTSS needs...

1 in 5

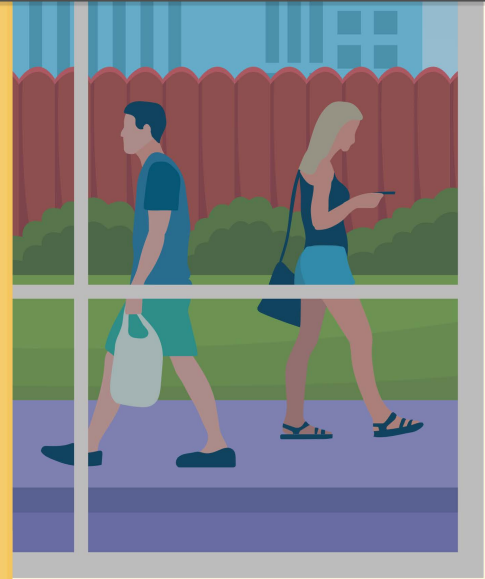
adults experienced serious psychological distress in the past month (**21%**), compared with **6%** of the general adult population in California.



More than

1 in 4

adults who felt their neighbors could not be trusted reported serious psychological distress (**27%**), compared with **19%** of adults who felt their neighbors could be trusted.



\$ 51%

of adults with financial worries reported poor or fair health, compared with **39%** of adults with no financial worries.

\$ 74%

of Asian adults had financial worries, compared with **67%** of Black or African American adults and **61%** of all California adults with LTSS needs.

+ INSURANCE CARD

Nearly

2 in 5

adults with no health insurance reported serious psychological distress (**38%**), compared with **23%** of adults with private insurance.