

Gambling and Associated Health Risks in California

Exhibit A1 / Percentages of Adults Who Reported Gambling in the Past Year Among Adults, By Demographic Characteristics, California, 2023

	Percentage	95% Confidence Interval
Gambled in Past Year (Weighted = 7.2 million)	24.8	24.2–25.4
Race and Ethnicity		
Latinx	25.1	24.1–26.2
American Indian or Alaska Native, NL	40.4	29.6–51.2
Asian, NL	19.9	18.5–21.2
Black or African American, NL	34.0	31.2–36.7
Native Hawaiian or Pacific Islander, NL	27.4	16.4–38.5
Two or More Races, NL	32.2	28.4–36.0
White, NL	24.8	24.0–25.6
Gender		
Women	21.7	20.9–22.4
Men	28.1	27.2–29.0
Income as Percentage of Federal Poverty Level (FPL)		
0%–99% FPL	21.1	19.4–22.7
100%–199% FPL	23.3	21.5–25.0
200%–299% FPL	24.3	22.5–26.1
300% FPL or more	26.3	25.5–27.2
Age Group		
18–24	17.6	15.6–19.5
25–29	25.8	23.6–27.9
30–49	24.4	23.4–25.3
50–64	29.1	27.8–30.5
65 and older	24.8	23.7–26.0
Employment Status		
Full time	27.5	26.6–28.4
Part time	19.6	17.6–21.7
Employed, but not at work last week	17.0	12.5–21.4
Unemployed, looking for work	19.0	16.9–21.1
Unemployed, not looking for work	23.2	22.2–24.2
Region		
Northern or Sierra counties	27.2	25.4–29.1
Greater San Francisco Bay Area	21.0	19.7–22.3
Sacramento	27.2	25.0–29.4
San Joaquin Valley counties	29.3	27.0–31.6
Central Coast	24.9	22.5–27.2
Los Angeles County	23.3	22.0–24.6
Other Southern California counties	26.3	25.1–27.6
Veteran Status (Ever Served)		
Yes	32.0	29.4–34.7
No	24.4	23.7–25.0

NL = non-Latinx

Source: 2023 California Health Interview Survey

Exhibit A2 / Health Behaviors Among Adults Who Reported Gambling in the Past Year, California, 2023

	Adults Who Gambled in the Past Year		Adults Who Did Not Gamble in the Past Year	
	Percentage	95% CI	Percentage	95% CI
Cigarette Use				
Current smoker	7.2	6.5–8.0	4.4	4.1–4.7
E-cigarette Use				
Current E-cigarette user	6.4	5.6–7.1	4.5	4.1–4.9
Former E-cigarette user	15.5	14.5–16.4	11.6	11.1–12.2
Binge Drinking in Past Month				
Yes	24.4	23.1–25.7	15.7	15.0–16.3
Substance Use in Past Year				
Yes	2.4	1.7–3.0	1.2	1.0–1.5

CI = confidence interval

Source: 2023 California Health Interview Survey

Defined Terms

Current smokers are those who have ever smoked more than 100 cigarettes and now smoke every day or some days.

Current e-cigarette users are those who have used an e-cigarette at least once in the past 30 days.

Former e-cigarette users are those who have ever used an e-cigarette but have not used one in the past 30 days.

Binge drinking in the past month is defined as having five or more drinks (for males) or four or more drinks (for females) on the same occasion at least one day in the past 30 days.

Substance use in past year is defined as used heroin, methamphetamine, or prescription drugs in a way that did not follow your doctor's directions in the past year.