

5 FACTS Supported Decision-Making

A new UCLA Center for Health Policy Research policy brief analyzes digital materials aimed at helping adults with disabilities make their own life decisions instead of being placed under conservatorship.

1



vs.



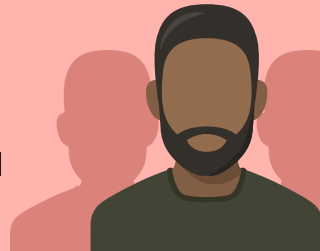
Conservatorship: A person is legally appointed to make decisions for a person with disabilities about their health care, finances, living situation, and more.

Supported decision-making (SDM): A person with disabilities makes their own life decisions with the help of trusted individuals whom they choose for support.

2

Most at risk for conservatorship?

People with intellectual and developmental disabilities are often placed under conservatorship. People with dementia, neurological issues, or serious mental illness, and youth transitioning from adolescents into adults are most at risk.



3

84.5%

of SDM resources are targeted to caregivers, with fewer resources designed for older or younger people with disabilities.



4

44.1%

of California households speak a language other than English in their home, but only

21.4%

of SDM resources were available in other languages.



5

Most SDM resources were generic (32.1%) rather than sector-specific, with few resources targeted to implementing SDM in health care (4.8%) or employment (1.2%).

