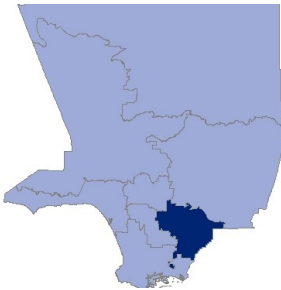




Los Angeles County Service Planning Area 7: East Los Angeles

Los Angeles County is divided into 8 Service Planning Areas (SPAs). This profile provides data on key health indicators for the 391,000 children and teens (age 17 and under) in SPA 7: East Los Angeles. Estimates are based on the 2011-2012 California Health Interview Survey (CHIS).¹

Los Angeles County



SPA 7: East Los Angeles

Demographics ²	East Los Angeles (%)	Los Angeles County (%)
Age 0-11	62.1	65.2
Age 12-17	38.0	34.8
White	10.0	17.1
Latino	77.3	62.5
Asian	4.9	9.5
Black	7.0	7.5
Other Race ³	0.9	3.4
Adults living with children, with income less than 200% FPL ⁴	56.5	50.0

Access and Utilization	East Los Angeles % (95% CI)	Los Angeles County % (95% CI)
Uninsured all or part year (age 0-17)	9.0 (5.8 - 12.2)	7.9 (6.8 - 9.0)
Employment-based insurance, all year (age 0-17)	33.9 (29.8 - 37.9)	39.8* (38.2 - 41.4)
Medi-Cal or Healthy Families, all year (age 0-17)	51.0 (44.2 - 57.8)	44.5 (42.1 - 47.0)
No usual source of health care (age 0-17) ⁵	9.7 (6.9 - 12.6)	9.2 (8.2 - 10.3)
Health Outcomes		
Current asthma (age 0-17) ⁶	9.4 (6.0 - 12.8)	11.0 (9.3 - 12.6)
Overweight for age (age 2-11) ⁷	23.2 (16.9 - 29.5)	13.9* (11.2 - 16.6)
Overweight or obese (age 12-17) ⁸	40.3 (32.9 - 47.6)	37.3 (32.4 - 42.2)
Health Behaviors		
Engaged in regular physical activity in the last week (age 5-17) ⁹	18.0 (13.8 - 22.1)	20.4 (18.7 - 22.1)
Had fast food at least twice in last week (age 2-17)	53.3 (47.1 - 59.5)	41.0* (39.2 - 42.9)
Had 5 or more servings of fruits and vegetables yesterday (age 2-17) ¹⁰	20.5 (16.6 - 24.3)	24.0 (21.8 - 26.1)
Had 1 or more servings of soda or sugary drinks yesterday (age 2-11) ¹¹	35.2 (27.6 - 42.9)	26.6 (21.7 - 31.5)
Had 1 or more servings of soda or sugary drinks yesterday (age 12-17) ¹¹	72.0 (65.3 - 78.8)	68.0 (63.0 - 73.0)
Had flu vaccination in the past year (6 months - 11 years)	44.1 (38.2 - 50.0)	46.7 (42.3 - 51.2)
Visited a dentist in the past year (age 2-17)	82.1 (77.7 - 86.6)	88.7* (86.9 - 90.5)
Households with children (age 0-17) where smoking is permitted ¹²	2.5 (1.5 - 3.5)	1.5 (1.1 - 1.9)
Other Factors		
Food insecure (adults living with children) ¹³	13 (8.6 - 17.4)	9.7 (7.2 - 12.1)
Family member reads to child everyday (age 0-5)	64.3 (55.9 - 72.6)	55.4* (53.1 - 57.6)

* Statistically significant difference between SPA and Los Angeles County at p<0.05



Notes

- ¹ With the exception of age, race/ethnicity, FPL, and state level estimates, the estimates for the Child and Teen County Health Profiles were produced employing Small Area Estimation (SAE). SAE is a statistical modeling method used to produce estimates for small geographic areas or population groups that are not otherwise directly available from the survey sample.
- ² Racial and ethnic categories are based on the Office of Management and Budget (OMB) definitions used in the 2010 Census. For more information, see *2010 Census Briefs*, issued March 2011. Retrieved August 26, 2013: <http://www.census.gov/prod/cen2010/briefs/c2010br-02.pdf>.
- ³ Other Race includes Native Hawaiian, Pacific Islander, American Indian, Alaska Natives, any other race and two or more races.
- ⁴ FPL is the Federal Poverty Level.
- ⁵ Usual source of care excludes emergency department and urgent care visits.
- ⁶ Defined as ever diagnosed with asthma, and reporting current asthma or asthma symptoms in the past year.
- ⁷ Defined as the proportion of children (age 2-11) whose weight for age is at or above the 85th percentile based on gender specific Centers for Disease Control and Prevention weight guidelines.
- ⁸ Defined as the proportion of teens (age 12-17) whose body mass index (kg/m^2) is at or above the 85th percentile on gender and age specific Centers for Disease Control and Prevention BMI guidelines.
- ⁹ Defined as those who engaged in at least one hour of physical activity daily during the last week, excluding physical education.
- ¹⁰ Excludes consumption of fruit juice and fried potatoes.
- ¹¹ Defined as drinking one or more glasses or cans of non-diet soda, sweetened sports drinks or energy drinks yesterday.
- ¹² Defined as households with children where smoking is allowed some days or every day among all households.
- ¹³ Defined as adults with children who had difficulty reliably putting food on the table in the past year. The question assumes that adults with children who are above 200% of the federal poverty level are food secure.



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